



GMAU Journal

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GMAU Board Member Promoted to 7th Degree Master of Jung Moo Kwan

Anniston, Alabama resident, and GMAU board member Dr. Charles Owens, a 32-year veteran of Korean martial arts of 7th, 5th, and 1st degree black belts in three separate Korean martial art systems, has recently been officially certified as a 7th degree black belt "master" of the Jung Moo Kwan Korean martial arts by the World KiDo Federation. The WKF is the only martial arts organization recognized and sanctioned by the South Korean government and its official recognition is the highest honor a Korean martial arts practitioner can receive. His certification makes Dr. Owens one of the highest-ranking, non-Oriental martial artists in the world.

The KiDo Federation was organized in 1963 by masters of the 31 original styles of Korean martial arts to document and certify legitimate ranks in Korean martial arts. No rank is officially recognized by South Korea unless it bears the KiDo stamp. To underscore its importance, all Korean secret service agents must be certified by the KiDo, and no native Korean martial artist can visit another country for martial art purposes

unless his passport bears the KiDo stamp.

Dr. Owens, 46, is pastor of the First Baptist Church and continues his study and practice of martial arts.



GMAU Member Promoted to 9th Degree Black Belt

Announced on March 28, in Dallas, Tx., A-KaTo President and GMAU member Keith Yates was promoted to 9th degree black belt. Mr. Yates responded, "...I don't feel worthy. But when I look out at all the black belts that were present at the banquet (and those who were there in spirit), I feel a sense of pride. Not a pride in myself, mind you, but a pride in them and in the martial arts themselves and what they can do to change people."

The GMAU Journal is a quarterly, non-profit publication designed as a channel of communication between GMAU members and other Christian martial artists.

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Feature Article...

Can A Martial Art Be Religious?

Pastor John R. Himes

Credit for any skill or gift ought to be given to God. He deserves all the glory for any ability, including the ability to fight. David the warrior realized this and wrote in Psalm 144:1, "Blessed be the LORD my strength, which teacheth my hands to war, and my fingers to fight."

However, the method of fighting is a different matter. Claims have been made that a Karate kata is "moving Zen meditation," that Kung Fu is Buddhist, that knowing how to fight is unchristian, etc. Such statements ignore the fact that faith is a spiritual matter, not a physical act. Remember the statement of Jesus that "God is a Spirit: and they that worship Him must worship Him in spirit and in truth" (John 4:24).

First of all, let us consider the history of Kung Fu. In the early days of the Oriental martial arts in America, books about different arts often gave a simple history tracing it back to Ta Mo (called Bodhidharma in India and Daruma in Japan), the founder of Zen (Chan in Chinese) Buddhism. According to legend, Ta Mo arrived in China and came to live in the Shaolin Temple (Shorinji in

Japanese, meaning "small forest temple"). He noticed that the monks were weak and sickly, so he devised a series of exercises for them based on animal movements. These exercises supposedly developed into the fighting art of Shaolin Kung Fu.

Even if we grant the truth of the legend, it is obvious that Ta Mo did not intend the movements he created to be part of his Buddhist teaching. Examination of the "Muscle Change Classic," which purports to be an account of the movements, shows only simple stretching and aerobic exercise. Ta Mo saw a bunch of bald, flabby men who needed exercise, and decided to help them get it! In fact, strict Buddhist doctrine is non-violent, and a religion truly based on the teachings of Buddha (an arrogant man who left his wife but considered himself wiser than the gods) would be very passive.

In recent years, scholars have learned that the truth is far more complicated than this simple legend. In the first place, there are hundreds of different styles of Kung Fu, and only some of them trace their origin to the Shaolin Temple! In fact, most of these so-called Shaolin styles had no connection with any Buddhist temple for hundreds of years. Many styles are descended from the hand-to-hand combat methods of rebels against the Ch'ing Dynasty. Bodyguards hired in the 18th to 19th centuries by caravans traveling across China on the Silk Road developed others.

One popular form (kata) taught in many Kung Fu styles (including mine) is called in Chinese Ling Po, meaning "Consecutive Step." From the Yunnan Province of China, it is said to have been taught to the soldiers of the Nationalist Army as a method of hand-to-hand combat for their battle against the Communists in the first half of this century! (See *Hsing I: Chinese Mind-Body Boxing*, by Robert W. Smith, Tokyo: Kodansha, 1974.)

Furthermore, the style of Kung Fu called T'an T'ui ("Springing Leg") is often mistakenly called a "Shaolin

style", but was actually originated and faithfully practiced by the Islamic Chinese of the North! I have trained in this style, and I can assure you that only someone knowledgeable in the history of the style would know it was not from the Buddhist temple, since the moves look similar to Shaolin Kung Fu!

Pa Kua and Hsing I are styles that are usually considered to be Taoist. Taoism was originally a philosophy, and many still study it as such, but some adherents eventually built temples and invented deities. Pa Kua in particular bases its movements on the famous *I Ching*, or "Book of Changes," which has diagrams used for divination. However, I would defy even an expert observer to see any direct correspondence between the fascinating circular movements of the style and the diagrams of the "Book of Changes." One who is expert in both might teach you connections he has learned from his own teacher, but inductive or deductive study wouldn't find a thing! In fact, Robert W. Smith tells in his book, *Chinese Boxing, Masters and Methods* (Tokyo: Kodansha, 1974) about a Christian policeman in Taiwan who practiced this style in a linear form and liked to say, "Satan is diligent; so should we be!"

Likewise, Hsing I Kung Fu has five simple forms supposedly based on the five natural elements of Taoism: wood, earth, fire, metal and water. However, one would be hard pressed to find a direct correlation between the simple punches, palm strikes and footwork of this style and the unscientific "five element" theory of Taoism.

Let's consider the history of Karate. According to one tradition, Karate developed from the native Okinawan art of fighting called *te*, meaning "hand" in Japanese. It may be, as some claim, that *Te* developed independently of any other art. If that be true, then Karate's ancestor had nothing to do with Buddhism or any other religion.

However, the truth is that most historians now believe differently.

Over the centuries, there was much contact between the Fukien Chinese and the Okinawans. It is evident that Karate descended from the White Crane and Lohan styles from South China, especially from the Fukien Province.

A hand-written manuscript treasured secretly by Okinawan Karate masters for hundreds of years called the *Bubishi* ("Account of Martial Endeavors") has recently become available in both modern Japanese and English translations of the original in classical Japanese. If you are at all interested in the history of the martial arts, by all means sell your punching bag and buy this book! It clearly links Karate with White Crane and Lohan Kung Fu. In fact, the hand-drawn techniques are clearly from those styles.

Now we are right back where we started, the claims of some that Kung Fu is a religious practice. Nothing could be further from the truth! For our final history lesson let's go back to the time of Christ, when the dominant martial art of Europe was a Ju-Jutsu type art called Pancratium. Though there is little hard evidence, Pancratium has been speculated to be the ancestor of the martial arts of the Far East. It certainly had no connection with Buddhism, and yet it was a punch/kick/grapple martial art. You see, an effective punch or kick must be based on the scientific application of force, and religious or philosophical theories do not help with this.

Where does religion come in, then? A martial artist simply practices his art with the principles and ethics of his faith. A Zen Buddhist does *zazen* (seated meditation) with his art simply because he is a Buddhist, not because his art demands it. On the other hand, a Christian should make sure his art is done for the glory of Jesus Christ, and is wise to add meditation on the Bible to his practice.

I would urge you to (1) make sure your motives for practicing and teaching your martial art are based on Christ's first two laws, loving God

and loving your neighbor. (2) Develop a Christian philosophy of self-defense from the Bible. (3) Find ways to use your art to witness for Jesus Christ. (4) "Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God" (1 Cor. 10:31).

About the Author: Sifu Himes is the founder of Chin Bei Lum Tao Kung Fu, and a missionary and Pastor in Japan. He holds black sashes in two Kung Fu styles, his highest being a 4th degree.



Foley Ordained to the Gospel Ministry

During his visit to the States in March of this year to participate in the 11th annual Southeastern Regional GMAU Clinic in West Palm Beach, Christopher Foley discussed God's leading in his life with several board members of the GMAU. While on his seminar circuit he had a chance to further formulate the direction that he felt the Lord was leading him. Saved as a teenager, Mr. Foley attended Bible college and then spent several years in a touring musical ministry. Over the past few years, he has been involved in a personal counseling ministry as well as small discipleship groups. Through this, he has felt the call to plant a Baptist church in his hometown of Maryborough, QLD, Australia.

Upon seeking counsel from GMAU board members and fellow pastors, Dr. Charles Owens (Alabama), Dr. Michael

McClure (Florida) and Dr. Kent Haralson (Montana), he decided to firm up his call to the Gospel ministry. An ordination council was formed consisting of the above three pastors in addition to Pastor Mark Horton of Sarasota, Florida.

Having completed a series of questions, a statement of his beliefs with a corresponding defense of those beliefs and his call to the ministry, on May 17, 1998, he was ordained to the ministry.

Chris is a fourth degree black belt and the Soke of the Ishi Rokyu Jutsu style. Please pray for him as he continues to move his commercial dojo into a more Christian centered school and also plants his new church. He will continue to work at his secular job as a financial planner.



Recent GMAU Promotions

Rank Awards:

<i>Gagan Deep Singh</i>	Shodan
Shorian Ryu	Punjab, India
<i>Manjinder Singh</i>	Shodan
Shorian Ryu	Punjab, India

New Members:

<i>Lisa Paff</i>	Hurley, WI
	Black (3) - Ki Kaju Kenpo
<i>Dhanesh Sharma</i>	Punjab, India
	Black (2) - Shorian Ryu



GMAU Event Calendar

- July -

- 3rd Annual Northeastern Regional Martial Arts Clinic: St. Johnsbury, VT - Friday and Saturday, July 24 & 25, 1998. Contact Mr. Steven Jones for further information at RFD #2, Box 149, St. Johnsbury, VT. 05819 or call at (802) 748-3844

- September -

- 6th Biannual Forms Tournament: West Palm Beach, FL - Saturday, September 5th starting at 9AM. Participants will be awarded certificates, ribbons, medals and trophies depending on how well they perform the "forms" of their specific style. Contact point is Orville Osbourne - orvilleo@adelphia.net or call at (561) 795-1525

- January '99 -

- 7th Biannual Forms Tournament: West Palm Beach, FL - Saturday, January 16 starting at 9AM. Participants will be awarded certificates, ribbons, medals and trophies depending on how well they perform the "forms" of their specific style. Contact point is Orville Osbourne - orvilleo@adelphia.net or call at (561) 795-1525

- March '99 -

- 12th Annual Southeastern Regional Martial Arts Clinic: West Palm Beach, FL, March 5th & 6th 1999. Contact point is Larry Phillips at phillipswpb@adelphia.net

- May '99 -

- 1st Annual Rocky Mountain States Regional Clinic: Lewistown, MT, May 14 & 15, 1999. Contact Dr. Kent Haralson at haralson@lewistown.net or write to 129 Sunset St. Lewistown, MT 59457

- July '99 -

- 4th Annual Northeastern Regional Martial Arts Clinic: St. Johnsbury, VT - July 30 & 31, 1999 Contact Mr. Steven Jones for further information, write to RFD #2, Box 149, St. Johnsbury, VT. 05819 or call at (802) 748-3844

- September '99 -

- 1st Annual Mideast Regional Martial Arts Clinic: Indianapolis, IN - September 17 & 18 1999

- October '99 -

- 1st Annual Australian Martial Arts Clinic: Stay tuned to the GMAU website for more info. Tentatively scheduled for October.

Honors for Pastor McClure

On Thursday May 14, 1998 Dr. Ron Tottingham, founder and President of Great Plains Baptist Divinity School and founder and Pastor of Empire Baptist Temple in Sioux Falls, South Dakota, conferred upon Michael L. McClure the honorary degree of Doctor of Humanities for contributions to the field of Christian Martial Arts. Dr. Tottingham also inducted Michael McClure into the Society of Gospel Black Belts. Dr. Tottingham is a 9th degree black belt and was the co-founder of the Gospel Martial Arts Union.

Michael L. McClure is the pastor of the West Park Baptist Church of Delray Beach, Florida, the founder and President of Men of Valour Ministries, Inc. of which the Valour School of Self Defense is a division. He also holds 6 different black belt certificates, the most recent being a 4th degree awarded at the March 1998 Southeastern regional GMAU clinic held at Berean Baptist Church in West Palm Beach, Florida. He is the author of several articles which have appeared in the *GMAU Journal*, the *Temple Chinese Boxing Association Newsletter*, and the *Sun-Sentinel Newspaper* of Ft. Lauderdale, Florida.

McClure is also the author of *Yin and Yang, a Principle for the Christian Martial Artist*, a booklet published by and available from the GMAU and a soon to be published book entitled *The Skilled Man*, a full-curriculum manual for Kung Fu in a Christian perspective.



A Meal for the Mind

- - by Dr. Kent Haralson

Racing? Ragged? Want Recovery?

A man wanted to buy a pet. He went to a local shop, which was out of dogs, cats, birds and fish. In fact, the only thing left was a carrot. The customer, desperate for a pet, bought the carrot, which he dearly loved from that moment on. He bought it new clothes, a leash, and took it for a walk regularly. One day, the carrot was hit by a car. The owner, devastated, lovingly scraped up the carrot and carried it to the pet store. Can you save him? The pet shop owner replied, "I can save him, but he'll probably be a vegetable." I suspect that on more than one occasion in the past year you have felt desperate for some rest, for a way to motivate that young man or woman in your class, for just one spare moment to yourself, and perhaps, you have even felt like a vegetable.

I would like to share a few short

thoughts with you from Hebrews that might shed light on our ministry of reaching people for Christ through the martial arts. Heb 12:1-2 "Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God." Notice with me the race, the raggedness, and then the recovery.

I. The Race. The key phrase of verse 1 is "let us run with patience the race that is set before us."

1. Race is *agon*, from which we get the word agony. A race is not a thing of passive luxury, but is demanding, sometimes grueling and agonizing, and requires our utmost self-discipline, determination and perseverance.

2. This is not a race against others, it is an individual race in which God has set a goal for each one of us. It is His desire that we each reach our goal.

3. It is set before us by God. It is not a hobby or spare activity. I trust that God has given you the burden to work with young people. Without that, your "ministry" will become a burden, there will be no joy and you will turn karate classes into an assembly line.

II. In this race, we can become weary and ragged.

1. One cause of weariness is physical exhaustion. 2 Cor 4:16, "For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day." Isa 40:31, "But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." Heb. 12:12, "Wherefore lift up the hands which hang down, and the feeble

knees;"

-You have got to take care of your physical body, get exercise, eat right, and get sleep, or you will not be able to finish your race.

2. A second cause of raggedness can be mental and emotional pressures. We overload ourselves with activities and find ourselves on a tread mill.

- I would ask several of you as sensei and all parents, if all those sports activities are really that important for their children, especially if it is causing them to miss church and "Sabbath" time.

- We can also find ourselves mentally and emotionally ragged by the struggles we have with the kids in our home and in martial arts classes. If we don't see children as "an heritage of the Lord," as precious bundles to be loved and molded and spiritually challenged to follow Jesus, then we will find ourselves growing short with them, talking down to them, and treating them as an annoyance rather than a resource.

- That "problem" child could well be a pastor or missionary in the rough, and how you treat that uncut diamond will have a lot of bearing on its result.

3. And thirdly, we could suffer from spiritual fatigue, as we battle sin within as well as without. We saw it in verse one and it shows up again in Heb. 12:15 "Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble you, and thereby many be defiled;"

- If you don't have your own private time with the Lord every day, reading your Bible, a time of prayer and a time of refreshment, you will find your own supply of "oil" running out, your flame will start to falter, and your wick will lose its source of power. The wick itself will begin to burn and that not only wastes you, but it also begins to stink.

- You need a supply of fresh oil in your lamp every day if you don't want to become weary and ragged in the race.

III. We've seen the race and the raggedness, now let's consider the recovery.

1. We are admonished in Heb. 12:12 to, "lift up the hands which hang down." For "lift up", we have *anotoseo*, from *ana* (again or up) and *ortho* (to straighten or strengthen).

- the verb is in the active voice, indicating that it is within our power to act

- rest and eat; Sabbath; spend time with the Lord and then get back out there and do something for others

2. In Heb 12:14 we find, "Follow peace with all men, and holiness, without which no man shall see the Lord:"

- We should make sure that we seek and find our joy in the Lord and not other men or in programs. A disruptive child can rob your joy, if it is not to be found in Jesus. Leadership (aggressive or absent) can rob your joy, if you do not find it in Jesus. Phil 3:1 "Finally, my brethren, rejoice in the Lord."

- We are to seek peace with all men and be careful not to let a root of bitterness spring up because of others' actions. Heb 12:15 "Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble you, and thereby many be defiled;" You see, if you let others dictate your joy, if you allow others to take your attention off of the Lord, not only are you "defiled/sullied/tainted/contaminated", but "many others" are also.

3. Finally, in battling internal sin, we are admonished to "lay aside every weight [*onkos* - a bulk or mass of something --- not necessarily bad in itself - often something perfectly innocent and harmless --- but it weighs you down, diverts your attention, saps your energy and dampens your enthusiasm for the things of God --- I get asked 'what's wrong with this?' often --- nothing as long as it doesn't divert you from giving 100% to the Lord], and the sin which doth so easily beset us," while considering Jesus and all the faithful

examples that have gone before us (Heb 12:1).

Late one afternoon, a mother went in to wake up her son.
"Wake up, son. It's time to go to karate class!"

"But why, Mom? I don't want to go."

"Give me two reasons why you don't want to go."

"Well, the kids hate me for one, and the sensei hate me, too!"

"Oh, that's no reason not to go to karate. Come on now and get ready."

"Give me two reasons why I **should** go to karate."

"Well, for one, you're 39 years old. And for another, you're the head sensei!"

At times, you could wonder, "Why should I be doing this?" Remember the offer of Jesus from Matt. 11:28-30 [Come unto me all ye that labor and are heavy laden and I will give you rest] is to give us rest **"in"** our race, not **"from"** our race. I would ask and challenge each of you who work with the children of your community to take advantage of the opportunities to rebuild your spiritual, mental and physical batteries; To seek avenues of ministry through your local church; To reconsider your priorities and make changes so that you are able to more effectively and with even greater power continue to make an impact through your Christian martial arts ministry.

Video - 2nd Run

By popular demand, we were forced to go into a second copy run of the video for the Seigi Bushido Ryu system. This video, containing over 25 forms (kata) and scores of nerve center, release and restraint techniques, has been requested far more frequently than we

had anticipated. If you have been contemplating ordering this video, now is the time and we will not have to back-order your request. Information on ordering can be found on the back page of this Journal.

...DOJO & EVANGELIST UPDATE...

Mail from GMAU schools and evangelists.

Delray Beach, FL. From May 27 to June 8, Sifu John R. Himes and his family were in South Florida. Sifu Himes holds black sashes in two Kung Fu styles, his highest being a 4th degree. He is a GMAU member and has served for the past 18 years as a missionary to Japan. He and his family live and minister in Asahikawa Shi, Hokkaida, Japan.

While in the South Florida area, Sifu Himes attended the first international meeting of the Temple Chinese Boxing Association. Also present were Professor James C. Cravens of the Chinese Boxing Institute International and Dr. Michael L. McClure of the Valour School of Self Defense. Sifu Himes and Dr. McClure presented a Kung Fu demonstration (with Scripture) at a local, public school. Later Sensei Larry Phillips was the host for a special class at Berean Baptist Church and the Gospel Karate Team dojo in West Palm Beach. Sifu Himes also conducted a class at the Valour School of Self Defense and he presented a four-hour mini-clinic on Saturday, at the West Park Baptist Church in Delray Beach.

The Himes family plans to return to Japan next February minus their son, Paul, who will be a freshman at Maranatha Baptist Bible College.

Pray for the Himes family.

Lewistown, MT. The Master's Warriors martial arts ministry now has four and one-half months under its belt. It already has 80+ registered students and two weekly classes. Several of the beginners have now advanced to yellow belt, giving the club a little more experienced group, but also adding to the challenge of training and instructing a growing diversity with just one instructor. The class is using the fellowship hall of the church as its *dojo*. The GMAU philosophy of using a martial arts ministry to reach the unchurched, as well as to disciple and train the Christian, is hard at work in this club. To date, seven students have prayed to receive Christ. Three of the new converts have been baptized in the church. Ten other members of the team who were already Christians have also been baptized. The mother of one of our new students also listened attentively to a Gospel presentation and received Christ. This team is under the direction of Dr. Kent Haralson and is a ministry of Emmanuel Baptist Church.

Sioux Falls, SD. The Ji Ei Budo Academy continues to train toward and for our annual major clinic and testing, June 27th. Students of all ranks will be testing for promotion. We'll be privileged to have with us at that time our Soke Successor, 6th dan, Frank Tottingham, who will sit on the promotion and testing board. Our lower belt rank base has grown much since the first of the year under our revised format. Our upper class which has seen much spiritual growth and continues to hone their skills as they strive for the mastery.

St. Johnsbury, VT. Fellow martial artists and instructors, I would

like to invite you and your students to the 3rd annual GMAU Northeastern Regional Clinic to be held July 24 and 25 in St. Johnsbury, Vermont. We have commitments from instructors in Aikido, Judo, Tae Kwon Do, Karate, Kenpo-Karate, Kenpo-Jujitsu, Kobudo, and Tai Chi. The instructors are from Maine, New Hampshire, Vermont, Florida, and Minnesota. To be held at the Union Baptist Church, on US Rt. 5 - 1 mile south of I91, exit 20, St. Johnsbury, Vt. 05819. Contact Sensei Stephen Jones for more information 802-748-3844.

Queensland, Australia A quick Ishi-Ryoku Jutsu update from the land "down under".

Today was our first grading for 1998 (we have 3 per year), sweat, tears, sore muscles, aching joints, extreme exhaustion, extreme satisfaction. All of the above, and a very sweet spirit amongst our students, as the "striving for the Mastery" was a test along the way.

We had 8 students test for Yellow belt, 7 students test for Orange belt, 3 test for Green belt, and 4 for blue belt. I had quite a few students which I held out of this grading as they weren't quite ready for one reason or another.

It is very satisfying to see good progress made by our senior students, and the Lord has blessed with a solid core of 4 students who are well on track to become instructors, which will lessen my work load considerably and enable us to go from 3 classes per week to 5.

I covet your prayers as we continue to build good bridges in the environment of a Secular Dojo.

West Palm Beach, FL. The team at West Palm Beach, Fl., is pleased to announce the following rank promotions in the past two months: David Bradley-Yellow, Scott Kellerman-Yellow, Marie Garguilo-Purple, Mandy Clough-Purple, Jerry Clough-Brown, Joel McGill-Yellow, Danielle Engle-Yellow, Chris Bradley-Green, Jarad Brugau-Green, Chris Degler-Green

In May, at the instructors class, we received our American Red Cross first aid certification. Eleven Sensei completed the two and half hour class. Pastor/Missionary/Sifu John Himes instructed a special class the first week in June. He is only in the states for a short time and I would recommend him highly.

In June, at Berean Baptist's Children's Church, Ryan Bachor (Green), David Bradley (Yellow), Scott Kellerman (Yellow), and Nathan Burrell (Yellow) put on a wonderful demo. They put on a karate demo that had shoulder rolls, fighting skirts, and breaks.

This team is under the direction of Mr. Larry Phillips and is a ministry of Berean Baptist Church.

GMAU Member Wins Competition

GMAU Member Sherry McGregor from Longwood Florida, recently competed as a member of the US Team in the *WKO World Karate Championships*.

With 38 countries competing, Sherry won a silver medal in Points sparring and a Bronze medal in traditional sparring for women middle weights.

Sherry will be travelling over the next year conducting seminars. She will be

in Minnesota in September, and West Palm Beach in October. She is an excellent teacher, and has extensive ring experience. If interested, you can reach her via e-mail at McSpunky1@aol.com or call her at 407-830-5380



Lessons From History

by Larry Phillips

Faced with an enemy, we have two choices; Fight or Flight, right? Recent headlines scream at us that if "they have the bomb, we must also. If they blow up a nuclear bomb, we must blow up three." There is another choice in conflict. It takes on many faces: it causes the army to parade around the battle field, or blow loud horns, or perhaps insult the army across the valley. Perhaps it is a 'rebel yell'. Maybe it is firing the guns into the air.

In Sam. 21:12 David is running away in fear. He finds himself surrounded by the enemy and knows if there is a fight, he is done. He feigns insanity. He makes the enemy think he is not King David, but a madman. We call this mind leading; perhaps a broader definition would be Posturing. To make them think you better or worse, stronger or weaker, whatever you are not, to move the advantage to your side.

GMAU Journal
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Basic Principles of Youth Work (14 pgs)	\$3.00
The Character of the Black Belt (16 pg booklet)	\$3.00
A Christian Perspective on Yin/Yang	\$3.00
Christians and the Martial Arts (16 pg booklet)	\$3.00
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The Martial Arts -- A Christian Perspective, Philosophy and Program (110 pg softcover book)	\$12.00
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Mindleading: Its Definition and Biblical Illustrations (2 research papers, 8 and 10 pgs)	\$3.00
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A Scientific Basis for the Martial Arts (4 research papers, 67 pages)	\$5.00
A Short History of the Martial Arts (11 pg booklet)	\$3.00
Seigi Bushido Ryu (System description and ranking requirements)	\$3.00
Seigi Bushido Ryu Video Tape (\$30 price INCLUDES Shipping in the US)	\$30.00
The Sensei -- His Nature and Role (38 pg booklet)	\$4.00
The Tainting of the Black Belt (15 pg booklet)	\$3.00

When ordering, please add 10% of the total price to help cover the cost of shipping and handling. If ordering from outside the USA with non-US funds, please add \$5.00