



# GMAU Journal

Volume 12 Issue 4  
October 1998

## GMAU Event Calendar

- January '99 -

- 7th Biannual Forms Tournament: West Palm Beach, FL - Saturday, January 16 starting at 9AM. Participants will be awarded certificates, ribbons, medals and trophies depending on how well they perform the "forms" of their specific style. Contact point is Orville Osbourne - [orvilleo@adelphia.net](mailto:orvilleo@adelphia.net) or call at (561) 795-1525

- March '99 -

- 12th Annual Southeastern Regional Martial Arts Clinic: West Palm Beach, FL - March 5 & 6, 1999. Contact point is Larry Phillips at [phillipswpb@adelphia.net](mailto:phillipswpb@adelphia.net)

- May '99 -

- 1st Annual Rocky Mountain States Regional Clinic: Lewistown, MT - May 14 & 15, 1999. Contact Dr. Kent Haralson at [haralson@lewisstown.net](mailto:haralson@lewisstown.net) or write to 129 Sunset St., Lewistown, MT 59457

- July '99 -

- 4th Annual Northeastern Regional Martial Arts Clinic: St. Johnsbury, VT - July 30 & 31, 1999. Contact Mr. Steven Jones for further information, write to RFD #2, Box 149, St. Johnsbury, VT 05819 or call at (802) 748-3844

- September '99 -

- 1st Annual Mideast Regional Martial Arts Clinic: Indianapolis, IN - September 17 & 18, 1999

- October '99 -

- 1st Annual Australian Martial Arts Clinic: Stay tuned to the GMAU website for more info. Tentatively scheduled for October.

The GMAU Journal is a quarterly, non-profit publication designed as a channel of communication between GMAU members and other Christian martial artists.

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We encourage outside contribution. If you wish to submit an article or training tip for consideration, please send a DOS diskette or typed/printed copy (ASCII text on

DOS diskette or E-MAIL are PREFERRED) along with your phone # , address, and a little bit about yourself to:

**GMAU Newsletter**  
**C/O Larry Phillips**  
**584 Santa Clara Trail**  
**Wellington, FL 33414**

**World-Wide Web Site: <http://www.gmau.org/>**

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*Production Editor*- Julie Hoffer

*Feature Article...*

## **Be A Leading Example**

**Pastor Mark Horton**

Are you a Leading Example?

Ezra 7:10 "For Ezra had prepared his heart to seek the law of the Lord, and to do it, and to teach in Israel statutes and judgements."



This is an excellent verse for anyone in leadership; especially if you are in spiritual leadership. It gives an expected guideline to follow for others to see your life and to follow after.

### **I. Ezra prepared his heart**

Preparing one's heart is not a spontaneous thing but a planned out process. As leaders in the Dojo we are teaching our students to follow our example, but if we are not daily preparing our walk with God, family, and ministry we are not ready to be used.

### **II. Ezra sought after what God wanted**

Here's a novel idea. Don't do what you want to do, do what God wants you to do. According to how I understand scripture, God doesn't care what your opinion is or what you think; He just wants us to OBEY Him and His Word.

### **III. Ezra did what was right**

Notice the way the verse reads: He sought after what God wanted and he did it. No complaining or deviation from what God wanted. He did it. We need to "*Just do it*" as well!

### **IV. Ezra taught the people**

It's kind of hard to get people to follow a hypocrite. People have no problem following someone who is real and genuine. So be who God wants you to be, not someone you are not.

Many times in our Dojo we have visitors attend. They range from those who know very little to those who are well versed in the Martial Arts. They come looking for one thing: the Genuine Article. They know within a few minutes if we know what we are talking about and what we represent. We had better be the greatest examples of what God expects the world to see or we have failed in our mission.

The challenge to be like Ezra: *be*

prepared, seek God's word, do it,  
then teach it to others.

Keep shaping the weapons

**About the Author:** Pastor Horton is a Pastor at Faith Baptist Church in Sarasota, FL. He holds a sandan in Aikido and is the Dojo Sensei for an active and growing Aikido class in his church.



## GMAU Board Undertakes New Projects

Since its inception over thirteen years ago, the GMAU has experienced several levels of growth as we have strived to provide direction and meet the needs of the Christian martial arts community. Over the past several months, the board has been deliberating on a variety of projects and is pleased to make these public at this time. Should you have a specific interest in any of them, please contact the board member that is responsible and share your input.

**GMAU Board Focus Areas:** We have refined the specific responsibilities so that each vital area within the GMAU has a board member responsible for actions and direction within that activity. The following assignments have been made:

- Chris Foley (4th Dan) - Entry of GMAU into Australia and the Pacific Rim and New Publications

([chris@foleytruscott.com.au](mailto:chris@foleytruscott.com.au))

- Kent Haralson (8th Dan) - Chairman, vision, direction, clinics and college ([haralson@lewistown.net](mailto:haralson@lewistown.net))
- Scott Hoffer (3rd Dan) - President and day-to-day operations ([scott.hoffer@kinetic.com](mailto:scott.hoffer@kinetic.com))
- Mike McClure (4th Dan) - Regional Representatives ([westpark1@juno.com](mailto:westpark1@juno.com))
- Larry Phillips (2nd Dan) - GMAU Journal editor ([phillipswpb@adelphia.net](mailto:phillipswpb@adelphia.net))
- Charles Owens (8th Dan) - New Ryus ([owenssaks@aol.com](mailto:owenssaks@aol.com))

**GMAU President to Address Membership Procedures:** Over the next few months the GMAU will be addressing membership renewals. In the past, members have been accepted and the yearly renewal has been waived. To be good stewards of our resources and to ensure a quality membership list, it is our plan to begin issuing yearly membership cards and asking members to renew their status. The office of the President will also be studying avenues of promoting the GMAU to a wider audience through the secular press and the Internet. (Board Focal Point - Scott Hoffer)

**GMAU Journal Storyboard:** Our GMAU Editor will be laying out issues a year in advance to allow us to plan for a theme for each issue and also enable us to plan for feature articles. Key contributors will be contacted for feature articles. We will also be looking at more innovative ways to obtain club news for each issue. (Board Focal Point - Larry Phillips)

**Ryu Exchange:** There are several people associated with the GMAU that have their own style. We will be seeking ways to enable them to dialogue with

each other so that they can share information. We will also be studying ways in which we might provide a more Biblical approach to uniting the various styles via nomenclature. Certain ryus (systems) will be asked to share the essence of their system with the GMAU readership. More advanced members will be encouraged to seek formal recognition of their system. (Board Focal Point - Charles Owens)

**Regional Representatives:** The GMAU has grown to the point where we are in need of regional representatives. We will be structuring a job description for such a position and also identifying guidelines for operation to enable autonomy within the philosophy of the GMAU. Such representatives would promote the GMAU within their region, recruit members, coordinate local clinics, supervise rank advancements, encourage the addition of new clubs via charters into the GMAU as well as other tasks. Initially, we are considering the following regions: Eastern Seaboard, Northeast, Midwest, South, Southeast, Mountain States and West Coast. (Board Focal Point - Michael McClure)

**Enhanced and Additional Publications:** We have over twenty publications available from the GMAU. We would like to see this list grow within general guidelines. Additional booklets that provide a Biblical view of martial arts topics are needed. We will be identifying such themes and then soliciting well-grounded authors within the GMAU to create the publications. We will also address the need for a more professional look and presentation of our printing materials. (Board Focal Point - Chris Foley)

**Pacific Rim Expansion:** We will begin a membership drive in Australia and expand that to the Pacific Rim nations. This will also include the chartering of clubs and the sponsoring of clinics. (Board Focal Point - Chris Foley)



## Recent GMAU Promotions

### Rank Awards:

<i>Dwight Keafer</i>	Sho Dan Ho
Kyun Do Ryu	St. Johnsbury, VT
<i>Sarah Keafer</i>	Sho Dan Ho
Kyun Do Ryu	St. Johnsbury, VT
<i>Dawn Jurentkuff</i>	Sho Dan Ho
Kyun Do Ryu	St. Johnsbury, VT

### New Members:

<i>Nestor Figueroa</i>	St. Louis, MO
	Black (4) - Judo



## CMAF Director Named to ACMA Board

San Diego, CA - Scot Conway, director of the Christian Martial Arts Foundation, in San Diego, has been named to the ACMA Board (American Council on Martial Arts). He appeared on the cover of Martial Arts Professional in the February issue, and he was an instructor at the Martial Arts Professional Conference in Clearwater, FL in

June.

Scot Conway asks for the prayers of all, specifically that he and Christian martial artist Tom Thompson might be a light for the members of the ACMA Board.



## **A Meal for the Mind**

- - by Dr. Kent Haralson

### **Let's Hear it for the Worms!**

A young preacher had just graduated from seminary and was excited about preaching his first sermon in his home church. After three years in seminary, he felt adequately prepared, and when he was introduced to the congregation, he walked boldly to the pulpit, his head high, radiating self-confidence. But he stumbled reading the Scriptures and then lost his train of thought halfway through the message. He began to panic, so he did the safest thing: He quickly ended the message, prayed and walked dejectedly from the pulpit, his head down, his self-assurance gone.

Later, one of the godly elders whispered to the embarrassed young man, "If you had gone up to the pulpit the way you came down, you might have come down the way you went up." God still resists the proud but gives grace to the humble.

There is a major message there for a Christian martial arts sensei as well. Charles H. Spurgeon once said to a large congregation, "The first qualification for serving God with any amount of success, and for doing God's work well and triumphantly, is a sense of our own weakness." He was only twenty-three years old at the time, but there wasn't an auditorium in London that could hold the crowds that came to hear him preach. His text that morning was Isaiah 41:14, "Fear not, thou worm Jacob..."

Those were words of encouragement to the dejected Jewish nation returning

to its own land after its captivity. "Behold, I will make thee a new sharp threshing instrument having teeth," God promised. "Thou shalt thresh the mountains, and beat them small, and shalt make the hills as chaff." (Isa 41:15) There's a picture to ponder: a worm with teeth turning mountains into dust.

J. Hudson Taylor, pioneer missionary to China, wrote: "All God's giants have been weak men who did great things for God because they reckoned on His being with them." Moses didn't feel up to leading God's people, but God enabled him to do it. He tried to resign more than once, but God wouldn't let him. Moses discovered the truth of Hebrews 11:34 and "out of weakness [was] made strong."

Joshua was a great leader and a godly man, but his two recorded defeats (Joshua 7 and 9) grew out of self-confidence and his failure to consult the Lord. Joshua lost the battle at Ai and made a covenant with the enemy because he forgot he was first a worm and then a warrior, and that he was second in command (Josh. 5:13-15). It wouldn't hurt a Christian sensei to also grasp that truth. We are first a worm and then a warrior. We are second in command.

The epitaph on King Uzziah's tomb could have been: "He was marvelously helped till he became strong. But when he was strong his heart was lifted up, to his destruction" (2 Chron. 26:15-16). A great king ended his life in shame because he was too big for God to use.

Thanks to his poor health, his tendency to cause riots, and perhaps his prison record, Paul would have been rejected by most of today's mission boards, but God used him in a remarkable way. Why? Because he was willing to be a worm. "For when I am weak, then am I strong" (2 Cor. 12:10). We need more Christian Sensei Worms if we are going to impact a nation for Christ.

## Report From First Annual Pankration Seminar

It was a great blessing to have both Grandmaster John Pachivas and Kyoshi George Brich with us for this most enlightening and educational weekend!

At 72, Hanshi Pachivas remains a vibrant and exciting teacher. And Kyoshi Brich (alias Judo George) continues to amaze the crowds with his unmatched flexibility, strength, and fighting abilities for a man of nearly 80 years old. Combined, these two men represent nearly 120 years of professional martial arts experience.

Grandmaster Pachivas awarded Johnny Russell with a rank promotion to Godan, 5th degree black belt.

During the course of the weekend, we explored countless Jiu Jitsu joint manipulations, Judo choke-holds and throws, and various mount and fighting positions used in Pankration fighting.

The highlight for the weekend was attending Sunday worship services together at College Park Baptist Church. It was truly a blessing to sing, fellowship, and read the Holy Scriptures together.

The service was packed with around 1000 in attendance. Pastor Kimber Kaufmann preached out of the book of Joshua a message about Israel's "Woodstock."

Following the services, Grandmaster Pachivas and Kyoshi Brich were invited by Pastor Kaufmann to his office where they shared some time together getting to know each other better. Hanshi Pachivas commented that while many regard him as the Grandmaster and there are countless other masters, there is but one Supreme Master and His Name is Jesus Christ.

Make plans now to attend next year's Pachivas Pankration seminar that will be held in collaboration with the Gospel Martial Arts Union Mid-Eastern Conference September 17-19, 1999 here in Indianapolis.

## Down Under Update

[Editor's Note: The following is a church update from Sensei Chris Foley of Maryborough, Queensland, Australia, who was recently ordained.]

Tonight was the second of our "Nighshift" services especially designed to reach the unchurched. I preached a message on "Why do bad things happen to good people." (We use a lot of multi-media presentations, VERY upbeat music, interviews, dramas and lots of fun stuff. We do the service "concert style" with good lighting and sound production, and a strong relevant contemporary message.)

The really exciting thing is that people have caught the vision and are bringing their unchurched friends. We had about ninety people with about 15% non churched last time. We are also meeting for a weekly teaching service on Thursday nights and we have a solid core attending. We are working through some Rick Warren tapes on how to reach the unchurched. It is a whole different ballgame.

God continues to bless, and I now have my marriage celebrants license, and I'm hoping that this may also be a bridge building exercise to the wider community.

A couple of the unchurched people who came tonight are key people in the community so we are thankful to God for his blessings and Grace.

Working as a bi-vocational Pastor has its rewards as well as its challenges and I covet your prayers in this pioneering ministry.

Pastor Chris Foley

**...DOJO & EVANGELIST UPDATE...**

**Mail from GMAU schools and evangelists.**

**Christian Karate Plus - Johnsbury, VT:**  
We hosted the 3rd Annual Northeastern Regional GMAU Martial Arts Clinic on July 24th and 25th. Over 40 Marital Artists attended the weekend clinic. Dwight Keafer was promoted to Shodan,

and Sarah Keafer and Dawn Jurentkuff were promoted to Shodan Ho. The exam board consisted of: Stephen Jones, Diane Brindley, Scott Farrington and John Gilinatsis. There were eighteen seminars ranging from Olympic sparring to weapons. Saturday evening concluded with a banquet. John Gilinatsis gave the message, and the evening concluded with a demonstration. Sensei Stephen Jones received a certification of Master Instructor. Dwight Keafer received a certification of Dojo Sensei. We have classes in two locations and the new site recently promoted 22 students to white belt.

***Gospel Karate Team - West Palm Beach, FL:***

In September, students from three schools came together for the Bi-annual Forms Tournament at Berean Baptist, West Palm Beach, FL. Judges for the Forms Tournament were: Sifu Mike McClure, Sensei Rick Merrill, Sensei Christian Phillips, Sensei Jim Hernandez Sr., Sensei Ray Askew, Sensei Katie Merrill, and Sensei Julie Bare. Students competed against themselves to strive for the mastery in kata. Thirteen earned certificates, thirteen earned ribbons, fourteen earned metals, and Jesse Hernandez, purple belt, earned a trophy. Sensei Osbourne organizes this tournament each six months and does an outstanding job each time. There have been the following promotions: Matt Clough to asst. Dojo Sensei. To yellow: David Millard, Daniel Millard, Justin Goodwyn, Jonathan Adams. To white: Ashley Hines, Octavious McGill. To green: Melissa Ortiz, Jason Woodruff. To purple: Susan James. In Sept. the team put on several Demos, including two during the Sunday School time as part of a Ministry Fair held at Berean Baptist Church.

***Men of Valor - Delray Beach, Fl:***

From June 10 through August 18 the West Park Baptist Church of Delray Beach, Florida conducted its 15th annual season of Summer Day Camp. In all, 115 boys and girls (ages 5-13) were registered, with many making professions of faith in our Lord Jesus Christ. Men of Valor ministries

participated in the camp with martial arts instructions for all of the campers. While Men of Valor has given martial arts instruction for all of the 15 camp seasons this was the first year in which actual testing was done and rankings were awarded. In all, 31 campers tested at the white level and 13 were actually ranked (12 at 10th level white sash and 1 at 9th level white sash). All of these are ranked in and by the Valor School of Self Defense and met all of the normal requirements for ranking. Some have continued their training beyond the camp season. The Valor School of Self Defense (a division of Men of Valor Ministries, Inc.) operates in conjunction with the West Park Baptist Church of Delray Beach, Florida. Dr. Michael L. McClure is the founder and chief instructor of the school and Pastor of the church. The Valor School of Self Defense offers a Shao-Lin based curriculum in a Christian perspective and is a member school of the Gospel Martial Arts Union. Sherry McGregor will be at Pastor McClure's church October 17th. for two classes, the first at 10am being a women's self-defense seminar and then in the afternoon a sparring seminar.

***The GRACE Karate Team - Graceville, FL:***

The team celebrated its first anniversary on August 1st. The team is a ministry of Damascus Baptist Church and focuses on a local housing project. The team has many diverse members and is equally challenged by these different cultures. However, God has been good to this ministry using it in many ways such as, the Dojo being frequented by teenagers who come in off the streets. These welcomed visitors often have only a passing interest, but they get a full dose of the Gospel and Martial Arts, before moving on! Recent promotions include: Morgan Speers - yellow belt; Noelle Speers - yellow belt; Barry Lindamood - yellow tip; Zachary Lindamood - yellow tip.

***Dynamic Martial Arts, Twin Cities, MN:***

On Saturday, August 12, Janet Felsing and Kendra Killpatrick endured a long and grueling test for their full first

dans, and both passed. They are now running Dynamic with its two locations: Brookdale Covenant Church and the University of Minnesota. God's blessings continue to show, and we pray that He will continue to guide this ministry!

**Ishi Ryoku Jutsu - Maryborough, Queensland, Australia:** Saturday the 15th August saw our mid year grading, which we affectionately call "Mid year blood, sweat, and tears." Twenty students going for belt levels from yellow to purple, and some torrid encounters especially in the kickboxing and grappling sections. It was very encouraging to see Christians and non-Christians going hard at it, with our non-Christian students starting to show great grace when and if they were beaten. The sweet spirit of Christ really permeated the dojo even though the day was a hard physical encounter. Our philosophy of having about a 60/40 mix of Christians/non-Christians has really started to show some dividends, with people being befriended encouraged and mentored. Praise God again for His provision of Stephen Armitage who is a great Brother, a father of four, a really committed Christian and a key man in our pioneering effort to reach the unchurched. Even though he has only just tested successfully for green belt, he has great skills, and gave some of higher belts a really hard time during sparring at the grading, winning their respect with his skills and toughness, but demonstrating the humility of our Lord in his attitude. It was a great example. It was also a great opportunity to explain our Christian philosophy to the parents of the kids being graded. It's a big time commitment, but God is bringing along the right people at the right time.

**The Master's Warriors Club - Lewistown, MT:**

The club now reports a total registration of 54 students. This club is now establishing a pattern after getting started just six months ago. They have 30 yellow belts and another 12 students with a yellow tip on their white belt. Developing a routine, a

sense of etiquette and an experience set has been the most challenging effort for Dr. Haralson in this new club. He is excited about the core of students that appears to have made the decision to stick with it and is very pleased with their spirit. During the devotional period, they are currently going through the "Spirit of the Disciplines" material. Recognizing that the body and mind play a large part in the spiritual growth of a student, they are demonstrating through the devotions and teaching time how all three interconnect. This club is a ministry of Emmanuel Baptist Church.

**EBT-Self Defense - Sioux Falls, SD:**

The EBT-Self Defense traveled for a karate exhibition to Lake Andes, SD, Friday, 25 September, 1998. This exhibition was sponsored by the Eagles Nest Teen Center, a ministry of Grace Baptist Church in Lake Andes, Rev. James Schirtzinger, Pastor. A special Gospel message was delivered by the EBT-Self Defense Founder, Soke Dr. Ron Tottingham. (Editor's Note: At press time, results if the demonstration were unknown) The Eagles Nest Teen Center is a Gospel outreach to the American Indians.

**Kicks For Christ - Virginia Beach, VA:**

Just wanted to update you on happenings in Va. Beach. We will be opening our third school at London Bridge Baptist Church on September 3rd. To date, enrollment continues to rise. We are averaging about one new student per week. If all goes well at London Bridge Baptist we could very possibly have well over 100 students by October. My assistant instructor Jamie Smith just tested for 2nd Dan last weekend. It went extremely well. The Lord is blessing our ministry mightily. It is very possible that I will soon make an appearance on the 700 Club to discuss Christian Martial Arts as part of a segment on the impact Regent University students are making on the community. As part of our grand opening at London Bridge Baptist in September we are bringing in a friend of mine from the Fellowship of Christian Athletes. Jim Scott was an NFL player for the Jets



and the Giants. He left it all to follow the Lord's calling and now ministers through FCA. He will come talk to my students sometime in October about living for the Lord as an athlete.

**Seigi Bushi Aikido Ryu - Sarasota, FL:**  
Many good things are happening at the Dojo in Sarasota, FL. We now have 3 Shodan Black belts helping run the Dojo. John Glinatsis who has been my chief instructor for a year earned his Shodan a few months back. His desire is to take over the majority of the ministry for Sensei Mark Horton. He is looking at changing some things that will make the Dojo even more productive. John Glinatsis and Scott Farrington, both Shodan ranks, taught at the clinic in Vermont and had a great time. After investing almost 9 years in Sarasota the benefits are starting to pay off. It is great to allow others to do some of the traveling to relieve the strain from Pastor Mark. Recently we had testing. Eric Young earned his Ikkyu, Stephen Wolfe earned his Sankyu Brett Stewart earned his Yonkyu, Mike Folk earned his Gokyu. These students have a strong desire and are excellent in their techniques. Along with the good come some difficulties. We have had to discipline a couple of students who were making some wrong choices that were a reflection on the Dojo. Please pray that God will continue to work in those student's lives. God is Great

and we have several demos in schools on the calendar, keep praying.

## **Lessons From History**

**by Larry Phillips**

A few years ago, a US led army amassed on a border facing an enemy thought to be much larger and well dug in for the fight to come.

The general of the US led force devised a simple but elegant plan. When the fighting started, he would shift his forces to the left, push around the dug in troops, and come in behind them. And so he did in Desert Storm. In a matter of hours the battle was over and that General would be a national hero.

In combat we call this simple but elegant move *Shibumi*. The Master is never flashy or exotic but direct, simple, and is committed to winning at any cost.

*Shibumi* is very rare.

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The Character of the Black Belt (16 pg booklet)	\$3.00
Yin/Yang for the Christian Martial Artist	\$3.00
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Dojo Etiquette and Code of Behavior (6th Edition, 8 pgs) *** NEW EDITION ***	\$2.00
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The Sensei -- His Nature and Role (38 pg booklet)	\$4.00
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When ordering, please add 10% of the total price to help cover the cost of shipping and handling. If ordering from outside the USA with non-US funds, please add \$5.00