



# GMAU Journal

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Volume 13 Issue 2

April 1999

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## GMAU Event Calendar

Contact Orville Osbourne at  
[orvilleo@adelphia.net](mailto:orvilleo@adelphia.net) or call  
561-795-1525.

- May '99 -

- 1st Annual Rocky Mountain States Regional Clinic: Lewistown, MT - May 14 & 15, 1999. Contact Dr. Kent Haralson at [haralson@lewistown.net](mailto:haralson@lewistown.net) or write to 129 Sunset St., Lewistown, MT 59457

- July '99 -

- 4th Annual Northeastern Regional Martial Arts Clinic: St. Johnsbury, VT - July 30 & 31, 1999. Contact Mr. Stephen Jones by writing him at 566 Stannard Mt. Rd., Danville, VT 05828 or calling at (802) 748-2318.

- September '99 -

- 1st Annual Mideast Regional Martial Arts Clinic: Indianapolis, IN - September 17 & 18, 1999. Contact point is Johnny Russell - [jrrussel@cord.iupui.edu](mailto:jrrussel@cord.iupui.edu)
- 8th Biannual Forms Tournament: West Palm Beach, FL - Saturday, September 18<sup>th</sup> starting at 9:00am. Participants will be awarded certificates, ribbons, medals, and trophies depending on how well they perform the "forms" of their specific style.

- March '00 -

- March 3 & 4, 2000 - 13th Annual GMAU Southeastern Regional Martial Arts Clinic: West Palm Beach, FL - Contact point is Larry Phillips at [philipswpb@aol.com](mailto:philipswpb@aol.com)

- October '00 -

- 1st Annual Australian Martial Arts Clinic: Stay tuned to the GMAU website for more info. Tentatively scheduled for October.

The GMAU Journal is a quarterly, non-profit publication designed as a channel of communication between GMAU members and other Christian martial artists.

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We encourage outside contribution. If you wish to submit an article or training tip for consideration, please send a DOS diskette or typed/printed copy (ASCII text on DOS diskette or E-MAIL are PREFERRED) along with your phone # , address, and a little bit about yourself to:

**GMAU Newsletter**  
**C/O Larry Phillips**  
**584 Santa Clara Trail**  
**Wellington, FL 33414**

**World-Wide Web Site: <http://www.gmau.org/>**

*Chairman* - Dr. Kent Haralson - EMAIL - [kharalson@gmau.org](mailto:kharalson@gmau.org)  
*President* - Scott Hoffer - EMAIL - [scotth@gmau.org](mailto:scotth@gmau.org)  
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*Production Editor* - Robyn Haralson - EMAIL - [robynh@gmau.org](mailto:robynh@gmau.org)

*Feature Article...*

## **What Kind of Fighter Are You?**

**Johnny Russell**

Conditioning is an important yet basically *lost* component of today's martial arts student. The majority of modern martial artists could be easily defeated by the sheer brute strength of an opponent. This ought not be. Just as our Lord God commands that we prepare spiritually for the warfare that rages against us, our system demands that we methodically condition our physical bodies to withstand the brutality of warfare in preparation to do battle. Understanding the uniqueness of each individual, students are categorized into three areas:

- FULL CONTACT FIGHTERS
- LIMITED CONTACT FIGHTERS
- NO CONTACT FIGHTERS

**Full contact fighters** are those who will be able to withstand the demands of the complete martial art and martial science training. Throughout rank advancement, they will experience physical conditioning at its best. They are the crown of the system, and

represent a fully accomplished martial arts technician who possesses the spiritual, mental, and physical skill to be revered as a true Budo Warrior.

**Limited contact fighters** are those who may have physical and/or mental challenges that put limitations on their fighting prowess. Limitations include age, physical restrictions, fighting mentality, or personal reservations. These individuals are usually tremendous technicians with strong spiritual and mental skill; however, they lack the ability or desire to be a Full Contact Fighter.

**No contact fighters** are those who do not compete physically at any level and but instead to study martial art theory and technique. These students tend to focus more on the technical and intellectual functions of the martial art and diligently seek to become kata masters, although certain physical demands may inhibit their performance. This category includes individuals who a) may be advanced in age, b) may have serious health concerns (i.e. heart condition) that would put them at high risk for injury or death, or c) choose to focus solely on the spiritual battle rather than be considered full Budo Warriors who are responsible for the protection of others in this realm as well as the spiritual realm.

### **MUSCLE VERSES TECHNIQUE**

There are those who adhere to the school of "hard knocks" training that insist a martial artist must possess brute strength (such as most Okinawan Karate styles and Sumo). Others believe that minimal strength is needed and only pure technique is necessary to defeat one's opponent (such as Kung Fu and Aikido).

I believe in a combination of the two. It is my understanding that a proficient martial artist will maintain high levels in both technical skill and physical power. When the two are meshed together properly, the warrior is unstoppable. One first learns technique through constant critiqued practice. Through practice, one develops the skill necessary to administer the movement with precision and effectiveness. Once this has been mastered, the practitioner will be able to perform the well-developed technique at swift speeds, finally resulting in a powerful technique. Power is a result of this formula; however, brute strength must also be factored in. Technical skill will elevate your power to a level that may equal that of someone who outsizes your muscle mass. To overcome a larger, more powerful opponent, a smaller person must possess martial art skill that exceeds the muscle mass of the larger person. Discerning the exact amount of technique necessary to thwart an attack is difficult to calculate; however, the master martial arts technician will administer *sufficient* force rather than *excessive* force.

It is important to note that technique does not always defeat mass, but it does the majority of the time.

**About the Author:** Johnny Russell is the GMAU's Mideastern Regional Representative and holds a 5<sup>th</sup> Dan. He is the head instructor and founder of Christain Martial Arts Fellowship in Indianapolis, IN.

## **The View From Mt. Fuji**

*By John R. Himes*

We started our climb in the late evening and climbed for six hours. We were headed for the top of Mt. Fuji, the famous extinct volcano that is a symbol of Japan. Climbing

with your slightly out-of-shape black belt were our good friends John the basketball coach and Tom the ex-Green Beret, along with his wife Kazuko. Nowadays the climbers start from the Fifth Station (often), which we did after parking our car near the obligatory tourist traps (from one of which we bought climbing staves).

The two Chinese characters that make up the name "Fuji" mean "fortune" and "samurai" (warrior) in Japanese. Many foreigners call it "Fuji Yama," since "yama" is Japanese for mountain. However, the Japanese use the suffix "San" for their mountains (the Japanese pronunciation of the Chinese word for mountain, "Shan" in Mandarin).

I won't take time to tell you about the whole sorry story about being left far behind by our friends, developing sore feet, and spending days recuperating. Suffice it to say that sunrise from the top of Mt. Fuji is one of the most spectacular sights in the universe. The mists swirled in the valleys, and it was just as beautiful as you would imagine it to be in the lovely land of Japan. Adding to the beauty, several of the famous "Fuji Goko," the five lakes at the foot of the mountain, were visible.

Only one thing marred the wonder of that sight. Slightly below the summit was a small Shinto shrine, where many Japanese climbers were stopping to bow and pray to the spirit of the mountain or their ancestors. You see, Mt. Fuji is considered to be sacred by Shintoism ("The Way of the Gods"), as are many other mountains. Every time we see idolatry in Japan it hurts our hearts, since we are missionaries there to proclaim our precious Lord Jesus to the Japanese. Idolatry can only send them straight to Hell.

I think of the Oriental martial arts in the way I think of Fuji. They are useful, fascinating and valuable, but most Far Easterners who practice and teach the martial arts are idolaters. This includes those who brought the arts to America and taught our teachers or us. Therefore it behooves us as Christians to take care not to allow idolatrous practices to enter our practice of the martial arts, or even appear to do so.

Recently I offered to do a Kung Fu demonstration for the young people of one of our supporting churches. However, the well had already been poisoned. Two years ago others had put on a demonstration there and included, unfortunately, something about Oriental meditation. The pastor, though a good friend of mine, was still trying to get over the event, and so did not want my demonstration.

Let me tell you about an old friend who for many years has taken a strong stand for Jesus Christ while putting on high-quality demonstrations. My wife and I recently stopped off in Dayton, Tennessee to see our old friends Mike and Naomi Crain. During three hours talking over old times and swapping stories at an Italian restaurant, I sandwiched in an interview about Mike's early days.

Mike was saved at the age of 19 in a Baptist church. In 1963, after two years in a junior college, he began his studies at Tennessee Temple College (now a university). Already a brown belt in Shorin Ryu Karate, Mike began teaching a self-defense class there. He continued his Shorin Ryu training at a school in nearby Georgia, and soon received his 1<sup>st</sup> degree black belt in that style. Eventually he was to climb to 4<sup>th</sup> degree in that style.

Mike wasted no time in getting into a soul-winning ministry, and soon was involved in youth work. In 1965, while helping Evangelist Darrell Dunn at a youth rally at the Skyline Camp in Dayton, Tennessee, Mike practiced his Karate. Seeing this, Darrell said, 'Why don't you use your Karate for Christ?' Thus a legend was born.

Mike Crain gave his first Karate demonstration that week under the name "Karate for Christ." To the best of my knowledge (and Mike's), that was the first time an Oriental martial art had been used to spread the Gospel of Jesus Christ. (If you know of earlier efforts in this field, please inform me.) His demonstration pre-dated the teams at Bob Jones University in the late 1960's and early '70's called "Judo Gentlemen" and "Karate for Christ." From that time on there was no stopping Mike. He became well known for his soul-winning karate demonstrations as he continued to grow in the Lord.

Then Mike met Naomi, and nothing would ever be the same for him. This young lady loved the Lord with all her heart, and knew she would never marry unless it was to someone who both loved the Lord as she did and who would do his best to be a success for Christ. They were married in 1968, and to this day Naomi is still his "better half," and a major help to his service for the Lord. The ministry was incorporated in 1969 as "Judo and Karate for Christ" when Mike was joined by a partner, a black belt in Judo named Frank Barlow.

Another important event happened in 1968. It was that year that Mike heard that a Kung Fu grandmaster named Daniel Pai had been saved. Dr. Lee Roberson, the founder and president of Tennessee Temple,

said, "Do you suppose he's even better than Mike Crain?" So Mike decided to go up to Richmond, Virginia to meet Pai. This meeting changed Mike's career as a martial arts evangelist in many ways.

Daniel Pai was the grandmaster of a style called Pai Lung, or "White Dragon," Kung Fu. The style was composed of some traditional Kung Fu taught to him by Pai's Chinese Grandfather, some Kenpo and jujitsu. It was quite different from anything Mike had seen before, and he plunged in with all his might, as he does with everything. He reached 2<sup>nd</sup> level black sash under Pai, but perhaps more significantly he learned many great demonstration stunts and techniques from Pai, including self defense and breaking (concrete, ice), using a samurai sword to cut fruit, lying on a bed of nails, etc. (I plan to explain these stunts in a later column.)

The team of Crain and Pai worked well, and for years they did demonstrations, camps and tournaments together, being written up in both *Newsweek* and *Sports Illustrated* in the early '70's. Crain also appeared on a TV program called "The Thrillseekers," and has since been on many other shows. (I was privileged to be his "dummy" on TV in Indianapolis in 1974!) However, a shadow loomed. After seeing Pai's alleged unethical conduct in one instance, Mike sadly had to tell him that he could no longer be under him. Let Mike's example teach us. This should be the difference between a Christian martial artist and a worldly or Buddhist one. We must live by the principles taught in God's Word, and we must live completely for our Savior and Lord Jesus Christ. Let us never be accused of idolatry, but show forth the beauty of Christ.

Mike eventually bought the camp where he put on his first demo, and renamed it "Fort Bluff Youth Camp." He still performs demos in churches around America, and has taken many missionary trips to Cuba, Russia and Latin America. To contact Mike concerning his evangelistic and camp ministry, call him at 1-800-251-4027.

## **New GMAU Etiquette Publication**

In our last issue, we announced a new publication on etiquette, which is now available from the GMAU.

The GMAU is proud to announce a new 16 page etiquette guide, *The Warrior's Code: Traditional Martial Art Etiquette*. Unlike the existing *Dojo Etiquette and Code of Behavior*, *The Warrior's Code* explains in depth, not only the history and logic behind traditional martial arts etiquette, but also the spiritual mandate for it as well. Written by 5<sup>th</sup> degree black belt Johnny Russell, *The Warrior's Code* is an excellent addition to any Christian black belt's library.

It is strongly recommended that every instructor get one to assist in teaching etiquette to his/her class. It is also recommended that those students of purple belt and higher purchase their own copies for reference and to assist in the "trickle-down effect" within the GMAU and classes in general. The booklet price is \$3.00 per copy, and can be ordered from: GMAU, 512 Laurel Ave. #6, St. Paul, MN 55102

**GMAU Regional  
Representatives Selected**

In the last issue of the Journal the announcement was made that regional representatives were being sought out to further the ministry of the GMAU. Since that time nine individuals have accepted positions as official GMAU Regional Representatives.

If you are in one of these regions and have questions about the GMAU in general, or would like information about membership and/or a regional clinic, please contact the Representative and they should be able to help you.

Listed below are the nine current Regional Representatives. Others may be added as the ministry grows:

<b>Region</b>	<b>Name and Contact Address</b>
<i>Southwestern U.S.</i>	<b>Kieth D. Yates</b>  American Karate and Tae Kwon Do Organization 1218 Cardigan Street Garland, Texas 75040
<i>Mideastern U.S.</i>	<b>Johnny R. Russell, Jr.</b>  Christian Martial Arts Fellowship 1619 Park Chase Indianapolis, IN 46229 jrrussell@cord.iupui .edu
<i>Florida &amp; Georgia</i>	<b>Mark Horton</b>  Faith Baptist Ministries 6901 Bee Ridge Road Sarasota, FL 34241
<i>Northeastern U.S.</i>	<b>Stephen W. Jones</b>  Christian Karate Plus

Sugar Ridge Farm  
566 Stannard Mt.  
Road  
Danville, VT 05828  
sugarridgevt@juno.com

*Eastern U.S.* **C. Scott Gilbert**

Kicks for Christ  
5911 Riviera Arch  
Virginia Beach, VA  
23464

*Southcentral U.S.* **John A. Eidsmoe**

2648 Pine Acres  
Pike Road, AL 36064  
eidsmoeja@juno.com

*North Pacific Rim* **John R. Himes**

Toyooka 7 Jo,  
8 Chome 4-13  
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*South Pacific Rim* **Chris Foley**

P.O. Box 77  
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com.au

*South America* **Phil Lewis**

Cornerstone Karate  
Club  
7000 53rd Ave.  
St. Petersburg, FL  
33709  
lewisline@juno.com

### **GMAU Recognizes New Ryu**

The GMAU is proud to recognize Tora Karano Shinsei Kenpo as an officially sanctioned martial arts style. The founder of this style,

6th-degree black belt Phil Lewis, presented the ryu to the GMAU for recognition last fall. This process requires substantial documentation on the system, ranking requirements, organizational structure and historical background. The application was reviewed by the GMAU board under the direction of Dr. Charles Owens.

Tora Karano Shinsei Kenpo is only the second ryu officially recognized through the GMAU Ryu Recognition Program which was introduced in 1997.

Professor Lewis was officially presented with his recognition papers at the Southeastern Regional Clinic awards banquet in West Palm Beach on March 6th.



## Recent GMAU Promotions

<b>Rank Awards:</b>	
<i>Phil Lewis</i>	6 <sup>th</sup> Dan
<i>Tiger Circle</i>	St. Petersburg, FL
of Self Defense	
<i>Frank Garguilo</i>	Sho Dan Ho
<i>Seigi Bushido Ryu</i>	West Palm Beach, FL
<b>New Members:</b>	
<i>Mark Horton</i>	Sarasota, FL
<i>David Shipley</i>	Mundelein, IL



## Lessons From History

by *Larry Phillips*

This past week at the Palm Beach Clinic, Prof. John Eidsmoe gave a very interesting presentation entitled "Ancient Empires: Witnesses for Creation". The thrust of the presentation was that there have existed civilizations that have been extremely advanced- so much so that even with all our computers and the like we cannot duplicate some of their accomplishments. I was impressed by the fact that modern man thinks that he is more advanced and so much better than his counterpart in the past. Prof. Eidsmoe made a convincing case that evolution is not a viable explanation of mankind. These ancient civilizations cry out what the Preacher Solomon said some 3000 thousand years ago. "...there is nothing new under the sun". Now wouldn't it be a hoot if someone found a circuit board or a chip from a 4000-year-old computer.

## 12<sup>th</sup> Annual GMAU Southeastern Clinic Report

by *Larry Phillips*

On March 5th and 6th we hosted the 12th Annual GMAU Martial Arts Clinic. In attendance were 38

black belts from seven states (Vermont, Virginia, Indiana, Alabama, Minnesota, Montana and Florida) representing a variety of styles. There were also 57 students present for the Friday night and all day Saturday bank of seminars. GMAU Regional representatives Phil Lewis (South America), John Eidsmoe (South), Scott Gilbert (Atlantic Seaboard) and Johnny Russell (Mideast) were present. GMAU Board members present included Scott Hoffer, Larry Phillips, Mike McClure and Kent Haralson.

We enjoyed a fantastic set of black belt seminar topics ranging from sparring, basics, and several weapons to kicks, grappling and jujitsu. Students were similarly challenged.

Phil Lewis, missionary to Brazil, was promoted to 6th degree black belt by a board of four examiners. Phil also received official recognition of his ryu, Tora Karano Shinsei Kenpo. Sensei Frank Garguilo earned his Shodan-Ho in a 5 1/2 hour test.

Johnny Russell, 5th-degree black belt and master level instructor, was the keynote speaker at the banquet, and challenged us with how to do battle with our greatest adversary.

We were then treated to a fantastic show by the Gospel Karate Demo Team under the direction of Jim Hernandez.



## **A Meal for the Mind**

- - by Dr. Kent Haralson

One of the most powerful acts you can make as a Christian leader is simply to state what you believe. What foundations you stand on. Even if spoken quietly, words of conviction convict. They rally followers. Anger opponents. However, such words of principle work in humble ways, too, bringing calm, stability and purpose. These words can't be faked, for each must be something you are willing to sacrifice for- and each must point out the road for followers to take.

I know this sounds lofty, but it has down-to-earth applications for a ministry such as the Gospel Martial Arts Union. As you state clearly what you believe about your ministry, you will help the people involved in it. For example, below are some beliefs that I have frequently shared with the GMAU leadership team, the Board of Governors. Now, as we expand our leadership team to a group of regional representatives, I believe that it would be appropriate to share these thoughts with the growing membership of the GMAU. I include these not because they're the most brilliant examples of stated ministry beliefs but simply the ones I know best. I was prompted to do this due to comments



made by Dr. John Eidsmoe at the recent martial arts clinic in West Palm Beach. He stated that one of the things that drew him to the GMAU was the doctrinal statement. I trust that this set of "I Believes" will help more of our membership evaluate their own roles within the body of Christ and how they utilize their time.

I BELIEVE that building the local church is the primary work of God in this world and its only hope. The woes that our world faces are many and they are complicated. They will not be fixed by social programs, by the government, or by parachurch organizations (including the GMAU). They can only be addressed by an increase in people getting saved and becoming mature in their walk as Christians. The local church is the institution ordained by God to reach the lost, to disciple the new believer and to equip saints for ministry. Each and every member of the GMAU should be an active, faithful, tithing, serving member of a local church. This starts with the sensei and should work its way down.

I BELIEVE strong churches come only through the influence of strong leaders. Everything rises and falls on leadership and the church is no exception. Historically, the martial arts have provided men and women with leadership development opportunities as they have progressed towards the black belt. While I admire and appreciate the involvement of a variety of excellent leaders in the ministry of the GMAU, if it comes at the expense of not being intimately involved in your local church, then it is a poor choice on your part. I believe that God has enabled us to do graciously and gracefully everything that is important each and every day of our lives.

I BELIEVE that the Gospel Martial Arts Union is a sacred trust. We must steward well its reputation and above all the trust placed in it by pastors and parents. To do that we must keep it biblical, candid, encouraging, respectful, well-organized, spiritual, practical, fun, risk-taking, and truly helpful.

I BELIEVE that everything in the life of a Christian is spiritual. To treat the spiritual dimension of the martial arts as an add-on to the ranking requirements or to not take advantage of the class schedule to provide powerful Bible truths for living is to trivialize this belief. The spiritual dimension must permeate all that we do, or we forfeit the right to spiritual leadership.

I BELIEVE that the GMAU's best days are ahead and that the GMAU can be and will be as fresh and revolutionary as when it first appeared nearly thirteen years ago. We have seen an influx of men and women who are sold out to the Lord Jesus Christ, who live their Christianity seven days a week, who evidence a sweet balance between grace and holiness, who have a passion for lost souls and a deep desire to utilize the martial arts to equip people to be soldiers for Christ. I am most excited about our ability to accomplish our vision.

I BELIEVE that our greatest foe is entropy, whether from success or fatigue, which keeps us from aggressively and creatively meeting our schools' and students' needs. We battle entropy through prayer, by listening to our students until we know them better than they know themselves, by taking risks, and by focusing on what we do best. As an instructor, keeping that balance between a den-mother and a drill-sergeant is important.

I BELIEVE that the GMAU is more than a ranking entity. It is a relationship between martial artists that have an intense love for Jesus. It is a way to encourage others in the fight. It is a way to provide well-researched information to enable Christian martial artists to run Christian martial arts ministries. The world is full of martial arts programs; the world has plenty of Christians teaching in secular dojos. What the world needs is Christian instructors teaching Christian martial arts programs.

I BELIEVE that your prayers, hard work and willingness to step out for Jesus are needed to accomplish the GMAU's share of God's work in this world.

These statements don't cover everything- for example, our specific theological beliefs are captured in a separate document- nor do they tell us what should be on Tuesday's to-do list. But they do help us in tangible ways- they set attitudes and define the perimeter of activity.

Peter Senge said that one of the most important tasks for leaders today is to provide conceptual leadership- "helping people make sense of what's going on around them...and making people feel that complicated and challenging things can actually be done." We, the leadership team of the GMAU, pray that you utilize our resources to craft a uniquely Christian martial arts ministry and then use that to grow and strengthen your local church for the glory of God. If it doesn't contribute towards that, why bother?

**...DOJO & EVANGELIST UPDATE...**

**Mail from GMAU schools and evangelists.**

#### **The Gospel Karate Team West Palm Beach, FL**

On 12-21-98, Frank, Kristi, Brandon, and Jessica Sauter, and Shirley Hoffman received their White Belt; Deloris McGill earned her Green Belt. On 1-14-99, Ryan Lunsford earned his White belt.

The semi-annual Forms Tournament was held on Sat., 1/16. Four schools sent a total of 36 students. Seventeen students earned certificates and fourteen earned ribbons. Earning a metal were: Octavious McGill, white belt; Dominic Consalvo, green belt; Danny Kovach, black belt; Nathaniel Miller, brown belt. Earning the only trophy was Amy Wren, black belt. Testing in January and earning a new belt were: In the afternoon class, Ryan Monogham earned his Yellow Belt; Kathryn Davies, Jimmy Adler, and Rodney Russman earned a White Belt. From the evening class, Eugene Hoffman earned a White Belt; Nicole Camacho and Octavia McGill both earned a Green Belt; and Chris Henry and Chris Bradley earned their Purple Belt. In February, Octavious McGill earned his Yellow belt, Joel McGill earned his Green belt, and Patricia Hoffman earned her White belt.

*-Larry Phillips*

#### **Mighty Warrior Ministries, Pompton Lakes, NJ**

The Awake America Crusade is being held at the Meadowlands Area, East Rutherford, New Jersey, June 28th and 29th. Rev. John Porta, director of Mighty Warrior Ministries, has been appointed as Crusade Intercessory Prayer Chairman. The ministry team has been conducting prayer rallies in the N.J./N.Y. Tri-State area. Anyone interested in having his or her church involved in the crusade contact John Porta at Mighty Warrior Ministries, PO Box 3657, Wayne, NJ 07470 or via e-mail at [JohnJPorta@aol.com](mailto:JohnJPorta@aol.com)

*-John J Porta*

#### **Christian Karate Plus - Johnsbury, VT**

The 4th annual GMAU Northeastern Regional Martial Arts Clinic will be held July 23-24, 1999

in St. Johnsbury VT. It will feature GMAU chairman Dr. Kent Haralson, President Scott Hoffer, and special guest instructor GMAU Board of Directors Member Dr. Michael McClure, plus many others. This year's theme is "Exploring the Chinese Connections". For more information contact Stephen Jones, 566 Stannard Mt. Rd., Danville, VT 05828 Phone: 802-748-2318; E-mail: [sugarridgeVT@juno.com](mailto:sugarridgeVT@juno.com)

-Stephen

Jones

**Christian Martial Arts Academy,  
Marysville CA**

Due to an injury and change of ministry, we had to temporarily suspend classes. Sensei Miguel Jurna has changed churches where he is now serving as Pastor. The CMAA plans to re-open its doors this coming summer so please pray for us.

-Michael Jurna, [jurna@mako.com](mailto:jurna@mako.com), FBC of Olivehurst

**Cornerstone Karate Club, St.  
Petersburg, FL**

Prof. Phil Lewis has begun Cornerstone Karate Club, an evangelistic karate club meeting once a week at his church. It is a free course, seeking to reach out to lower income families in their neighborhood. It started with 22 students, many first time visitors to the church. Cornerstone Karate Club is a ministry of Cornerstone Christian Fellowship. Prof. Lewis has recently produced 3 additional training videos from the Tora Karano Shinsei Kenpo: The Bible Kata, bunkai & demo; Tora Karano Ryu - Book of Kata (21 katas); and Tora Karano Ryu Self-Defense. A tape on the Nunchaku is in the making as well. These tapes are available for \$20.00 each (includes shipping and handling). For additional titles or for orders contact Prof. Lewis at 7000 53rd Ave. N. St. Petersburg, FL 33709, 727-546-4512, or at [lewisline@juno.com](mailto:lewisline@juno.com)

-Professor Phillip Lewis

**Master's Warriors Club-Palm Beach  
Gardens, FL**

Our club continues to grow, and most of this growth is with the kids program. To better provide for our

students, we have divided the teaching responsibilities between Sensei Katie Merrell, (the kids class), Sensei Ray Askew ( the adult section of the class), and David Merrell (the Russian division). We are looking forward to a big test night in two weeks- the entire class is due to test in one way or another. Sensei Ray Askew has brought back in sparring on a weekly basis. Our Russian class is moving slowly, but we feel that as we begin to advertise we will attract new students. God continues to bless.

-Rick Merrel

**Valour School of Self Defense-Delray  
Beach, FL**

On February 28, 1999 students from the Valour School of Self Defense (a co-operative ministry of Men of Valour Ministries, Inc. and the West Park Baptist Church of Delray Beach, FL) participated in the 6th Annual Invitational The Tournament for Color Belts was hosted by Master Mitch Mandel and the Martial Arts Academy of Lantana, FL. Participants were judged by total score for three events: Sparring, Forms and Specialty (breaking, weapons or self-defense). All of the students from the Valour School won their sparring portion of competition and Amanda McClure (Brown level) won a divisional second place trophy. Amanda was also honored for "Outstanding Performance of the Tournament". This was the first time the Valour School of Self Defense participated in a tournament other than the Seigi Bushido Ryu semi-annual form tournaments.

On March 5-6 students from the Valour School of Self Defense participated in the 12th Annual GMAU Southeastern Regional clinic. Sunday, March 8, the West Park Baptist Church of Delray Beach was privileged to have Dr. Kent Haralson, Chairman and Co-founder of the GMAU as the guest speaker in the Sunday morning service. The Valour School of Self Defense is a GMAU chartered school.

-Dr. Michael

McClure

**Kicks For Christ-Virginia Beach, VA**

We opened a new branch school in

February at Beach Fellowship, a non-denominational church less than 5 miles from the Oceanfront. We were excited to add almost 40 new students to our already burgeoning ranks. In addition, we are also launching an exciting new curriculum designed to teach students the mental disciplines of martial arts. A large Christian mediation/reconciliation ministry from Montana called "Peacemaker ministries" publishes a curriculum for children and adults. It is designed to teach non-violent conflict resolution techniques. Steeped in Scriptural Truth, exciting role-plays and activities, this curriculum is printed in a series of 12 comic books for young people entitled "The Young Peacemaker." It is a great supplement to the physical techniques we all teach.

There is also a curriculum for adults contained in one volume designed to teach the root causes to conflict and Biblical responses to conflict. It is one thing to be able to physically control an attacker, it is quite another to have the mental training to de-escalate a tense situation and make a friend out of an enemy. I highly recommend this curriculum to all GMAU instructors. Peacemaker Ministries can be found at [www.HisPeace.org](http://www.HisPeace.org) or at 1-800-711-7118.

-C. Scott

Gilbert

The Master's Warriors Club- Lewistown,

**On Killing: The Psychological Cost of Learning to Kill in War and Society**

by Lieutenant Colonel Dave Grossman

On Killing: The Psychological Cost of Learning to Kill in War and Society, by Lieutenant Colonel Dave Grossman. Published by Little, Brown and Company, Boston, New York, Toronto, and London. ISBN 0-316-33000-0

The vast majority of us are loath to kill, even in battle; however, modern armies have developed sophisticated ways of overcoming this aversion. This book explores this and the psychological cost. The media replicates the army's conditioning, and the results are a rising rate of murder, especially in the very young. The subject is of the utmost importance to the Martial Artist. We all hope we will never need the skills we learn, but what if we are facing a life and death

**MT**

Our class of 44 students is now maturing. After 15 months of operation, a leadership core is beginning to emerge. We currently have 16 green belts and should have a couple of purple belts by the time we host our first Rocky Mountain Regional Clinic in May. We are most thrilled that we have been able to present the Gospel to 19 new students over this past year who have responded by placing their faith and trust in Jesus Christ. We continue to see several students follow the Lord in the waters of baptism (four thus far this year). This past quarter, we have been studying the relationship of classical martial arts waza (techniques) and their Biblical principles. Techniques studied thus far include: Kime (focus), Kokyu Chikara (breath power), Kiai (intense ki), Haragei (strength), Kokoro (mental attitude) Aiki (dominating spirit), and Maia (distancing). We are currently working through the mechanics of the "Wordless Book" to present the gospel. This is a requirement for the purple belt in our class and will give all the students experience with this vital witnessing tool.

We will host our first clinic on May 14 & 15 and are looking forward to a great blessing that weekend.

(The Master's Warriors is a ministry of Emmanuel Baptist Church, pastored by Dr. Kent Haralson.)

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Reviewed by Larry W. Phillips

**Gospel Martial Arts Union**  
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