



# GMAU Journal

Volume 13 Issue 3  
July 1999

- March '00 -

## GMAU Event Calendar

*\*NOTE: Dates for the July clinic and September West Palm Clinic have been changed/corrected*

- July '99 -

- 4th Annual Northeastern Regional Martial Arts Clinic: St. Johnsbury, VT - July 23 & 24, 1999. Contact Mr. Stephen Jones by writing him at 566 Stannard Mt. Rd., Danville, VT 05828 or calling (802) 748-2318.

- September '99 -

- 1st Annual Mideast Regional Martial Arts Clinic: Indianapolis, IN - September 17 & 18, 1999. Contact point is Johnny Russell - [jrrussel@cord.iupui.edu](mailto:jrrussel@cord.iupui.edu)
- 8th Biannual Forms Tournament: West Palm Beach, FL - Saturday, September 25 starting at 9:00am. Participants will be awarded certificates, ribbons, medals, and trophies depending on how well they perform the "forms" of their specific style. Contact Orville Osbourne at [orvilleo@adelphia.net](mailto:orvilleo@adelphia.net) or call 561-795-1525.

- **March 3 & 4, 2000** - 13th Annual GMAU Southeastern Regional Martial Arts Clinic: West Palm Beach, FL - Contact point is Larry Phillips at [philipswpb@aol.com](mailto:philipswpb@aol.com)

May '00

- 2nd Annual Rocky Mountain States Regional Clinic: Lewistown, MT - May 19 & 20 Contact Dr. Kent Haralson at [haralson@lewistown.net](mailto:haralson@lewistown.net), or write to 129 Sunset St., Lewistown, MT 59457

- October '00 -

- 1st Annual Australian Martial Arts Clinic: Stay tuned to the GMAU website for more info. Tentatively scheduled for October.

The GMAU Journal is a quarterly, non-profit publication designed as a channel of communication between GMAU members and other Christian martial artists.

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We encourage outside contribution. If you wish to submit an article or training tip for consideration, please send a DOS diskette or typed/printed copy (ASCII text on DOS diskette or E-MAIL are PREFERRED) along with your phone # , address, and a little bit about yourself to:

**GMAU Newsletter**  
**C/O Larry Phillips**  
**584 Santa Clara Trail**  
**Wellington, FL 33414**

**World-Wide Web Site: <http://www.gmau.org/>**

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*Feature Article...*

## **Notes From The Crusade**

*by John Eidsmoe*

The Duke of Wellington once said, "The battle of Waterloo was won on the playing fields of Eton". He meant that while playing Rugby at the elite private school called Eton, sons of the English gentry learned the qualities of leadership, teamwork, discipline and courage that molded them into successful military officers capable of defending English freedom against the armies of Napoleon. Without entering the debate whether martial arts are a sport, an art, or a defense system, the point is that such activities are a microcosm of life itself. Certainly martial arts training brings physical fitness and confidence in one's ability to defend oneself and others. But it does much more. Martial arts training is a means of character development.

Martial arts training should train the student to become a *warrior*. By warrior I do not mean one who is constantly looking for fights. Rather, a true warrior is one who sees a transcendent, consuming purpose in life and for whom life

is a constant challenge to serve that purpose, a purpose I will define broadly as doing God's will in this world. While the truth of God's Word is absolute and unchanging, unchaining purpose is different for each individual person. The way of salvation is the same for all; salvation by grace in the atoning work of Jesus Christ on the Cross. But God uses some as missionaries, some as evangelists, some as pastors, some as teachers, some as professionals in many different fields. But all of these can better meet their challenges by developing the warrior spirit.

My own field of service has been unique. With a background in law and theology, I have completed an Air Force career, taught in law schools and seminaries, and defended Christian doctrine in the media and the religious rights of Christians in the courts and legislatures throughout the nation. In doing so I have found at least three ways in which the warrior spirit is manifested:

1. **The true warrior rises to challenges.** He does not look for conflict, but when conflict is necessary he faces it bravely. He relishes an opportunity to overcome obstacles and achieve meaningful goals.
2. **The true warrior fights out of duty, not hatred.** In war, soldiers who hate the enemy tend to be unstable and ruled by emotion, and they soon make fatal mistakes. The good soldier fights because he loves his country, not because he hates the enemy. Whether you're up against an opposing lawyer from the American Civil Liberties Union who wants to stop prayer in school, an atheistic professor in the classroom who ridicules the Bible, a neighbor or co-worker who scoffs at your Christian witness, or a Black belt

who's trying to knock your head off, martial arts training helps you depersonalize the situation and banish hatred from your soul. You look at the conflict from a higher perspective: You are serving your Lord and he is serving whoever or whatever he is serving, so you do your duty as best you can and leave the consequences to God.

3. **The true warrior has opponents, not enemies.** When he is called to come out and spar, the warrior faces his opponent with a friendly smile, courteously bows to his opponent following the custom of his school, and waits for the signal to begin. At the signal he and his opponent's kick the stuffing out of each other for a few minutes, carefully observing the rules of conflict. Then, at the command to stop, he comes to attention, bows to his opponent, smiles and shakes his opponents hand and says "Thank you sir! Great fight, sir (or Ma'am)!" He has no animosity toward the other person. He regards that person as an opponent, not an enemy. When you develop that attitude toward a black belt who's coming at you tornado kicks and knife hand strikes, you can hold the same attitude toward the ACLU lawyer, that atheistic professor, or whatever opponent you encounter. And with the warrior spirit you can think more clearly, speak and act more confidently, and in all respects be a true witness for the Lord. Lord, please use the martial arts to make us true warriors in your service.

## Recent GMAU Promotions, New Members

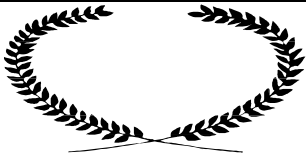
Rank Awards:	
<b>Larry Phillips</b> 3 <sup>rd</sup> degree black Seigi Bushido Ryu West Palm Beach, FL	
<b>David Fry, Jr.</b> Purple Belt Seigi Bushido Ryu Lewistown, MT	
<b>Lauren Simpson</b> Purple Belt Seigi Bushido Ryu Lewistown, MT	
<b>Becky McKennet</b> Purple Belt Seigi Bushido Ryu Lewistown, MT	
New Members:	
<i>Kevin Schaller</i> Minden, NV	
<i>William Mazey</i> Sanford, ME	
<i>Luke Mazey</i> Sanford, ME	
<i>Zachary Mazey</i> Sanford, ME	

## Lessons From History

by *Larry  
Phillips*

A few weeks ago, we in the United States, had a three-day weekend because of Memorial Day. Most went shopping or to a cookout. But did we remember? Did we remember those who died in times past to keep this country? In Ezekiel 20:43, we told to remember our conduct and actions. In Numbers 15:37-41, the people were to remind themselves that they were consecrated to the Lord. The idea is to tell all who come after them who the Lord is and his special relationship to his people. Let us never forget to pass along the Gospel of Jesus Christ and the Martial Arts to

**About the author:** John Eidsmoe is a newly appointed Regional Representative for the GMAU. A retired Air Force Lt. Colonel, he serves as Professor of Constitutional Law at the Thomas Gooder Jones School of Law in Montgomery, AL, and Adjunct Professor of Apologetics and Systematic Theology at Birmingham Theological Seminary.



all who follow us. May we never be guilty of forgetting.

## **Martial Arts Ranked #30 for Sports Injuries**

Contrary to what some detractors would have you think, trading punches and kicks in a karate or kung fu school is not as dangerous as it has been portrayed. In fact, the U.S. Consumer Products Safety Commission ranked the martial arts No. 30 out of 41 sports and recreational activities it studied.

The rankings, which were created after the organization tallied the number of participants who visited emergency room in 1997 after being injured during the practice of each endeavor, placed basketball (644,921 injuries), bicycling (567,002), football (334,420), baseball (326,569), and skating (201,150) at the top of the list. Wrestling was ranked number 21 (39,829), while the martial arts - which followed sledding (26,067) and playground equipment (25,123) - were responsible for 24,123 injuries. Of those martial arts practitioners who visited the emergency room, only 1.5 percent were admitted to a hospital.

(This article appeared in the July 1999 issue of Black Belt Magazine)



## **The View From Mt. Fuji:**

**LET'S BE ETHICAL!**

**By John R. Himes**

When we came to Japan I expected to see Judo and Karate dojos on every corner. However, in our city of 360,000 there are only five Karate dojos listed in the phone book. Believe it or not, though I have lived in Japan since 1981, I have never once seen an advertisement for or been invited to a martial arts demonstration. Japanese high schools do have clubs (Karate, Judo, Kendo), but most people don't continue training. The truth is that the true Mecca for martial arts in the 21st century will no doubt be America.

Now, martial arts demonstrations do occur in Japan, though they are rare. However, they are usually private affairs for some business or professional purpose. One gullible American described a demo by a well known master in this way:

"One day after K. Sensei had smashed a pile of three old red bricks taken from a crumbling wall (NOTE: Asian bricks are weaker than the

American variety, and these were old ones! —JRH), he did something which seems physically impossible. The feat of breaking the three bricks, placed flat as they were on a concrete floor, was incredible enough... But that, he said, was nothing. Another pile of three old bricks was placed. He determined to put his spirit, or 'ki,' into the middle brick. With a shout, he struck the top of the pile of three bricks, and at times we must accept the incredible, for it was the middle brick, and only the middle brick, that cracked through the middle."

I did not mention the master's name nor the book this quote came from simply because, knowing the Japanese people and the Asian idea of "saving face," I am almost certain that the American was deceived. K. Sensei no doubt inserted a shim in between the bricks at the proper point so that, by the laws of physics, he knew the middle brick would break.

The Chinese are more likely to do public demonstrations of the martial arts. Robert Smith tells of one such demo in his fascinating book, *Chinese Boxing: Masters and Methods* (p. 3). "Once, at a public display, one of Hung's Chinese students broke two bricks and ostentatiously invited me to break one. I tried, but the brick obdurately remained intact. I picked it up and just as ostentatiously invited the student to break it, telling him that I had weakened it for him. He tried to refuse, but Hung got into the spirit of the thing, and the student had to try. He failed amid general merriment. The crowd that had enjoyed the foreigner's failure laughed just as hard at the failure of one of their own when faced with

a trick brick. For that is what it was: a brick baked with reinforcing rods in it."

In China to this day, there is a class of "medicine hawkers" who travel from village to village putting on Kung Fu demos and selling traditional medicine. They are often dishonest, and Leung Ting (a famous Wing Chun expert and graduate of a Baptist college) has done a great job of exposing their methods in his book, Skills of the Vagabonds.

We as Christian martial artists don't have the right to be dishonest in our demonstrations. Everything we show should be open and aboveboard. The truth is, some martial arts demos end up looking more like displays of magic than of real martial arts. The only difference is that in magic shows everyone knows that what is being seen are tricks.

The Bible says, "Neither is there any creature that is not manifest in his sight: but all things are naked and opened unto the eyes of him with whom we have to do." (Heb. 4:13) We may fool the gullible public, but God knows when we are being dishonest. The Bible teaches that even a joke must not be done so as to deceive: "As a mad man who casteth fire brands, arrows, and death, so is the man that deceiveth his neighbour, and saith, Am not I in sport?" (Prov. 26:18-19) How much more should a Christian martial artist seeking to glorify God and win souls be totally honest in his demonstrations.

### **...DOJO & EVANGELIST UPDATE...**

**Mail from GMAU schools and evangelists.**

**Cornerstone Karate Club, St.**

### **Petersburg, FL**

I have three different Martial Arts tracts which I have written: "The Ultimate Self-Defense", "Don't Let Satan Throw You", and "Fallen?". Anyone interested in obtaining reproducible sheets of these tracts may contact me with their address, and I will send it to them free of charge. Also newsworthy is the development of the "Book of Daniel Kata" with 112 moves. Look for the video to be available in the next couple of months. Please keep our family in prayer as we are hoping to make a trip to Brazil in August to renew our visas. It will also provide an opportunity to test one or two students for Shodan and to encourage the club there.

*-Professor Phil  
Lewis*

### **Emmanuel Baptist Karate Team, Sioux Falls, SD**

The EBT Karate Team has had a great winter. Our Soke Successor Frank Tottingham is now established in Wagga Wagga, New South Wales, Australia and has become a student at a karate academy there. He plans to start his own school in the next year sometime as there is a great want there for a children's self-defense and he sees it as an open door to reach people. The undersoke, Jim Sickmeyer has gone on the road to raise funds in view of moving to Worthington, MN to start a new church. He will continue to be an instructor with EBT's team. He also plans to begin a team in Worthington once settled there. John Bennett (2nd black) is now the instructor under Soke Tottingham. A recent clinic was held with Seth Richards, the All-German Shotokan champion, who is also on the US team. He was raised as a missionary's son in Germany. Soke Tottingham spent a few days in Germany with his father, a 5th black in February.

*-Dr. Ron Tottingham,  
Pastor*

### **The Master's Warriors Club, Lewistown, MT**

The Master's Warriors Club of Emmanuel Baptist Church reports a registration of 40 students in their

classes. The past three months, the devotional teaching time has focused upon:

- *The Wordless Book*, and
- *Bushido*.

Six weeks were spend outlining and understanding the use of the Wordless book technique to share the gospel with others. At this point, our students are now equipped with the Roman's Road and the Wordless book in their witnessing "tool bag." Understanding the mind and the sense of etiquette (decorum) that should exemplify the life of a true martial artist is the current focus area of the devotions. Using as a foundation the book Bushido: The Warrior's Code, written nearly 100 years ago by Inazo Nitobe, the class is learning about the 9 basic aspects of Bushido from a Biblical perspective. The class has also rejoiced in seeing three more of its members accept Christ during this past quarter. Now, seventeen months in existence, the class also has three purple belts in its ranks. The green and purple belts have racked up an impressive 70 personal visits (where they reach out into the community on behalf of their church) in the past nine months. This is all part of growing in the balanced Christian experience for the complete martial artist.

*-Dr. Kent Haralson,  
Pastor*

### **Jung Moo Kwan Training Center, Gadsden, AL**

After certification by the World KiDo Federation of KIDOHAE (South Korea's official "traditional Korean martial arts" governing body) as 7th Dan Jung Moo Kwan master (I received my 7th Dan from Jung Moo Kwan in 1992), my retired master (8th Dan) and Jung Moo Kwan U.S. representative, Wan-Yung Chung, named me as the U.S. Jung Moo Kwan representative. In response to that I will be opening the Jung Moo Kwan National Training Center on June 1 in Gadsden, AL. It will be a 7000 sq. ft. dojang serving as the headquarters of the U.S. Jung Moo Kwan Association and the training center for Jung Moo Kwan instructors in the U.S. Jung Moo Kwan is listed by KIDOHAE as one of 31 "kwans" certified

by the Ministry of Culture & Education of the Republic of Korea to teach "traditional Korean Martial Arts." The Training Center will provide instruction for children and adults for all levels from beginner through advanced black belt. Jung Moo Kwan features instruction in "the three circles of practical fighting" and active (sorim mit soryong yu Tae Kwon Do - the original kind) and passive (KiDo & YuSul) techniques. This should present interesting ministry possibilities.

*Charles Owens, Pastor*

**Ishi Ryoku Jutsu Dojo, Queensland, Australia**

We have just finished our May grading including 1 brown belt, 4 purplebelts, 2 orange, and 4 yellow belts. The Brown and Purple belt gradings were particularly tough, and the students really new they had been tested. We currently have three Assistant instructors working through Dr Haralson's "Thinking Cap", "Why I Believe In God", which should be very challenging for them. We have our first Black Belt grading in August which is a real milestone for our Dojo. I have just finalized the Panel for this test which includes Sensei Brierley Bailey 5th Dan who is one of the most respected Ju-Jitsuans in Australia. He is sympathetic to Christianity and is a great supporter of our Dojo. The Lord continues to bless us as we eek to run a secular dojo as an outreach ministry.

*-Sensei Christopher Foley*

**Kicks for Christ, Virginia Beach, VA**

The Kicks For Christ ministry in Virginia Beach has experienced phenomenal growth over the last few months. A reporter from the Virginian-Pilot wrote a fantastic, God-honoring, story about us in early May which precipitated a flood of new students, nearly one new student each week. We are seeking the Lord's will for this ministry as we set our fall schedule. It is very possible that we will be adding several day classes to accommodate the multitudes of local home schoolers that use this ministry as a physical education requirement.

In the most recent belt promotion exam held in April, 54 students were promoted ranging from 9th to 1st kyu. In the fall we will hold our first bi-annual black belt exam for three potential 1st Dan examinees. We are constantly in awe of the redemptive power of the Holy Spirit at work in our students. Lives are being changed, hearts are being broken, and some excellent martial artists are being honed to seed ministries in the upcoming years. The GMAU has been used mightily here in Va. Beach to provide a vehicle on which we can reach a lost and hurting world. We are also examining the possibility of beginning an outreach/demo team. If any GMAU instructors have advice on do's and don'ts or any format ideas for a demo team please contact us as [cscottg@juno.com](mailto:cscottg@juno.com) -C. Scott Gilbert

**Gospel Karate Team, West Palm Beach, FL**

On 3/18/99, Frank Sauter earned his Yellow Belt. On the same date, Jessie Hernandez earned his Brown Belt in a 2 1/2 hour test. Sunday night April 11th, we recognized Jim Hernandez Sr. who recently earned his 2nd degee Black Belt, and Frank Garguilo, who earned his 1st degree Black Belt, during the evening service at Berean Baptist Church. On 4/22/99, during class, the following students earned a rank advancement; Joshua Woodruff earned his Green Tip, Jessica Sauter earned her Yellow Belt, Brandon Sauter earned his Yellow Tip, Ryan Lunsord earned his Yellow Belt. May 20th saw Kristi Sauter earn a Yellow Belt, Jonathan Adams earned a Green Belt, and David Bradley earned a Purple Belt.

Three of our instructors went to the 1st Annual Rocky Mountain GMAU Martial Arts Clinic in Lewistown, MT. Jim Hernandez, Julie Bare, and Larry Phillips all taught sessions at the clinic. One of our brown belts, Jesse Hernandez also went and did the warm-ups on Saturday morning. There were 32 students and 13 different workshops. Other instructors from Vermont, Minnesota, and Alabama also attended.

-Larry Phillips



## A Meal for the Mind

- by Dr. Kent Haralson

### Fit to Lead - Making the Sensei Christian

In the last ten years "leadership" has become the dominant topic in many Christian circles. Contemporary pastors, missionaries, parachurch workers and martial arts organizations are confronted with a dazzling choice of seminars, books, and tapes produced for the stated purpose of developing believers into leaders capable of transforming Christian institutions - with God's help, of course. A disproportionate amount of the available fodder for this floodlike emphasis comes from ideas marketed successfully in the secular world. Insistent voices urge that Madison Avenue strategies be adopted as the Christian *modus operandi*. While some beneficial techniques have been appropriated in this manner, it needs to be said with emphasis that an enormous amount of what now passes as leadership in many Christian settings is at best terribly thin in spirituality and at worst is plainly manipulative. Failure to recognize and correct this serious flaw may be an ominous problem, the obstacle that thwarts the outpouring of the Spirit of power in our churches and Christian endeavors. That spiritual leadership is needed seems self-evident.

What then is spiritual leadership? What must be distinctively different about leading Christians and Christian institutions?

**Character First.** First, those fit to lead Christian institutions focus primarily on the qualities of their own character, not on methodologies of effecting change

in people or institutions. Being transcends doing in the economy of God. In our day, knowledge and a vast range of competence in managerial and technical skills dominate most discussions on leadership, all of which give the feeling that cleverness rather than character makes the greatest difference. Against this mentality Scripture raises an importunate cry of protest and unequivocally declares the moral impotence of shoddy traits of personal unholiness. Every spiritual leader's first priority must be to live above reproach, to exhibit personal integrity and spiritual authenticity, because, simply put, people are influenced by those they trust, and they tend to trust those who are trustworthy. All of us have heard the wag say: "Integrity is the first requisite of leadership, and once you learn to fake that you've got it made." However, as one distinguished minister observes so eloquently: "The eminently good and outward form, when without inward life, decays into the foulest thing under heaven." The absence of spiritual vitality in leaders is the greatest weakness of organized religion. Yes, the best leader is but a sinner, a flawed instrument, for "we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us" (2 Cor. 4:7). Nevertheless, a cavalier dismissal of the requisites of holiness is the death sentence to spiritual leadership.

True Christian leaders know God and live under the authority of the Word of God and the Spirit of God. Genuine godliness remains God's indispensable imperative for any leadership position in his kingdom. Whatever skills of giftedness people may claim to have, if they have not committed themselves to an unrelenting lifetime endeavor to



achieve holiness of character, they certainly have not been called to leadership among the people of God. It is not great talents God blesses so much as likeness to Jesus. A holy leader is an awful weapon in the hand of God. Parallel to this thought: An unholy leader is an awful weapon in the hand of Satan.

The achievement of personal holiness is a lifetime struggle and only those who discipline themselves - forever fighting the fight of faith - have any hope of spiritual progress. "You ought to live holy and godly lives as you look forward to the day of God and speed its coming" (2 Pet. 3:11-12). The test of effective spiritual leadership is whether the leader can say: "You know how we lived among you for your sake. You became imitators of us and of the Lord" (1 Thes. 1:5-6). The incisive words of the Prince of Preachers, Charles Spurgeon, call us to account: "Of all the grieves the church ever feels, the keenest is when those who once stood in her midst dishonor the name of Christ by unholy living."

**Who's In Charge.** Second, and related to the first, spiritual leaders take prayer seriously, and, perhaps one prayer more seriously than most others, namely: "Not my will, but yours be done" or "your will be done on earth as it is in heaven." Obviously, this demands that leaders recognize that they are not in charge, but are under the authority of the head of the church, Christ our Lord. Many leaders would profit from the journal entry of one great missionary, Henry Martyn, after his first year of service: "I judged I had dedicated too much time to public ministrations, and too little to private communion with God." Time in the closet overshadows in value time on the podium: A season in private prayer prevents many a blunder in public service.

Genuine spiritual leaders never trust their own understanding but agree with him who observes, "The business, the pleasure, the honor, and advantage of prayer press on my spirit with increasing force every day." Leaders keep prayer lists and pray systematically, including praise and thanksgiving, petition to "lead me not into temptation," and intercession for family members, special friends, the church family, missionaries and unsaved friends. Leaders remember that the time they most need to pray is when they least feel like praying.

Because spiritual leaders know that Christ is the head of the church, their primary function is to help constituents discover the plan of God and then to carry it to completion. Once leaders become determined to inflict their personal agendas upon their constituents they have usurped the authority of Christ, disqualifying themselves from positions of responsibility. Self-deception about one's behavior and motives is a potential hazard for all who are in places of authority. For some people, it takes only a moment for the intoxication of power to pollute and corrupt. Many occupying prestigious places are deluded enough to think they possess the mind of God on every issue. Rather than passionately seeking the will of God, some power wielders masquerading as leaders become pathologically willful. Spiritual leadership recognizes the Lordship of Christ and is increasingly sensitive to the will of God, reflected in this serious petition, "Not my will, but yours be done." The conclusive words of E.M. Bounds remind us: "They [biblical leaders] were not leaders because of brilliancy of thought, because they were exhaustless in resources, because of their magnificent culture or native endowments, but because,

by the power of prayer, they could command the power of God."

**A Servant's Heart.** Third, we once again must renew our commitment to servant leadership, mandated by Scripture and personified in our Lord. No one - however knowledgeable, however competent - is fit to lead who lacks the humble, servant heart and who fails to model the attitude of Jesus clearly spelled out in Phil 2:6-8. Spiritual leaders never seek authority over people; they seek to enable people. Scripture measures effectiveness not in terms of leadership exercised, but in terms of leadership evoked, not, in terms of power over others, but in terms of power released in others. Diotrephes loved the place of prominence; woe to those who imitate him (3 Jo. 9). Better to vacate the position than to think of leadership in terms of preeminence or power; and, further, to think of one's superiority places one on a short, straight path to humiliation and oblivion.

The sheer arrogance of some of today's charismatic personalities mirrors the Pharisee who boasted "God, I thank you that I am not like other men ..." (Lu. 18:11). The heart of spiritual leadership is service not headship. Leaders are not controllers but ministers. Leaders must be "eager to serve; not lording it over [followers]" (1 Pet. 5:3). Indeed, "whoever wants to become great among you must be your servant, and whoever wants to be first must be your slave (Mt. 20:26-27). Christ, our model as well as our Savior and Lord, "did not come to be served, but to serve" (Mt. 20:28). The very thought "I am important enough to be served by others" proves disqualification for leadership. Those who cannot conceptualize themselves as servants incapacitate themselves for every position of

leadership.

The leader best leads by serving. One leads only by serving. Leadership is tested and authenticated by the measure of service rendered, not by effecting follower's compliance. Jesus was never more of a leader than when he washed the disciples' feet, except of course when he laid down his life on the cross. He modeled what he desired to evoke, "Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers (1 Jo. 3:16). Without this, leadership slides inevitably toward manipulation, condemned by Jesus' scathing words: "The hired hand is not the shepherd ... [He] runs away because he is a hired hand and cares nothing for the sheep." (Jn 10:11-13)

**Being A God-Pleaser.** Fourth, spiritual leaders do not cater to the whims of a capricious crowd or to the loud insistence of "important" individuals. Thus, leaders are not marketers who govern according to polls of popular or powerful opinion.

Those fit to lead are not insensitive to the desires of their constituents, but nevertheless recognize that people pleasing is a business fraught with danger and unbridled duplicity, unworthy of Christian leadership. Leaders remember Paul's words: "Am I now trying to win the approval of men, or of God? Or am I trying to please men? If I were still trying to please men, I would not be a servant of Christ." (Gal. 1:10). Or again: "We speak as men approved by God to be entrusted with the gospel. We are not trying to please men but God, who tests our hearts. You know we never used flattery, nor did we put on a mask to cover up greed - God is our witness. We were not looking for praise from men, not from you or anyone else."

(1 Thes. 2:4-6)

Any individual invested with the leadership mantle must fight constantly against the temptation to do that which wins the approval of people, but which almost inevitably sacrifices the approbation of God. Leadership decisions based upon testing the winds of fickle human sentiment seem popular in many arenas, especially in politics, but such tactics fatally compromise spiritual leadership. Decisions based on how an action might play in the community of believers sacrifices the imprimatur of God and ingloriously capitulates to the shameful, deceptive ways of the world.

Much more could be and needs to be said regarding spiritual leadership, especially in our growing plethora of Christian martial arts organizations. I have only barely suggested that it is past time for the church and the Christian martial arts to reject the faddism of modernity in leadership and return to biblical mandates and examples. Without scrupulous attention to such stringent constraints, our Christian organizations may become howling successes as institutions, but mere vestiges of by-gone days of spiritual triumph and barren of the power of dynamic movements driven by the Spirit of God.

### ***STREET-SMART SELF-DEFENSE***

At this September's GMAU clinic in Indiana, Soke Christopher Foley, Australia, will present a number of clinics on his unique, "Street-smart" Self Defense style of Ishi-Ryoku Jutsu. This will be an excellent opportunity for Martial Artists of all ranks to learn a

system that combines stand up and ground fighting in a dynamic and easy to use manner. Some of the points covered will be:

1. How to combine standup and ground fighting.
2. How to avoid getting hurt.
3. Understanding the psychology of conflict.
4. Using simple but effective submission techniques
5. How to beat your opponent at their own game.
6. How to "read" various martial arts styles.
7. How to use speed and surprise against opponents.

This will be a 3-hour, "hands-on" clinic and participants will be issued a level one self defense certificate upon successful completion of the clinic.

Sensei Foley will be in the U.S. from September 15th through October 6th. He will be available for clinics in California, Indiana, Chicago, Washington, Philadelphia, New York and Minnesota. The itinerary will be finalized once clinics have been booked. E-mail Chris Foley at [chris@foleytruscott.com.au](mailto:chris@foleytruscott.com.au) if you are interested so that the itinerary can be finalized. A love offering of \$30 is suggested to offset Soke Foley's expenses, as he will be travelling to the United States with his wife Glenys.

**About Chris Foley:** Soke Foley is a 4<sup>th</sup> dan (Yondan) Black belt in Ishi-Ryoku Jutsu, and holds high rankings in various styles Chris has been a Martial Artist for 29 years with significant tournament and international teaching experience. He is an ordained Minister, is a board member of The Gospel Martial Arts Ministry and is the founder of the

## 1rst Annual Rocky Mountain States Regional Clinic Report

by *Larry Phillips*

On May 14 & 15, the Lewistown, MT club hosted its first annual Rocky Mountain Regional GMAU martial arts clinic. They were blessed to have 8 black belt instructors who are sold out for Christ at the church from Vermont, Minnesota, Alabama and Florida for the weekend. There were 32 students registered for the clinic and they had the privilege to student under these quality instructors in 13 different workshops. There were heavy-duty workouts and sessions in kicking, sparring, nerve centers, Aikido, weapons, self-defense and several other topics.

Instructors present included: Stephen Jones (VT), Scott Hoffer & Doug Haralson (MN), John Eidsmoe (AL), Larry Phillips, Jim Hernandez & Julie Bare (FL). Dr. Haralson, the host instructor shared, "We had tremendous times of fellowship Wednesday, Thursday, Friday, Saturday and Sunday nights after the various sessions were completed. Since there really is no "night" restaurant in Lewistown, my lovely and talented wife had meals ready at our home each night for the group of instructors and visiting students. What a fabulous blessing she is to me."

During the weekend, the instructors studied the students and watched for various character traits. At the concluding banquet on Saturday night at the Club House, six students were awarded certificates. Congratulations to the following recipients:

- **Decorum** - this student is kind, courteous and disciplined. They understand and exude martial arts etiquette. They are verbally respectful, they run to assignments and are always orderly: *Cory Simpson*
- **Determination** - this student is determined to succeed. He or she may have special handicaps to overcome, but that doesn't get them down. Whatever you throw at them only seems to strengthen their resolve to finish the course: *Autumn Danzer*
- **Diligence** - this student doesn't do anything "half-way." Their forms are done well, they are crisp, take good notes and seek to understand what they are doing and why. They are model students because it is important for them to do well: *Sean Edwards, Diane Stilson*
- **Perseverance** - this student is tenacious. He or she is not thwarted from their goal no matter what. The size of an opponent has no bearing. They have an indomitable spirit, which gives them an edge over the normal person, whether it be in a sparing match, performance of kata, or doing more sit-ups than anyone else: *Connie Fry, Janislynn Isackson*

The club also presents a yearly trophy. This is awarded to the student who best exemplifies what the Christian Martial Arts is about: a sense of balance, love for the Lord, a desire to see others grow in the Lord, humility, faithfulness and a willingness to serve. This year's trophy was presented to *Dave Fry, Jr.*

For only the second time in the 14-year history of the GMAU, the Chairman's Award was awarded. This beautiful plaque is awarded to a GMAU member who has exemplified the Christian walk and the tenets of the GMAU over the long haul. It is for the man or woman who has faithfully and consistently operated a Dojo as a ministry of the local church for years, is committed to the local church ministries, has made significant contributions to the GMAU, possesses great talent and skill, evidences humility and balance. Stephen Jones of St. Johnsbury, Vermont was presented the GMAU Chairman's Award at the concluding ceremonies of the clinic (see related article on this page).

Dr. John Eidsmoe of Alabama was the featured speaker at the banquet. Dr. Eidsmoe is a renowned constitutional law professor and author of several books, pamphlets, and videos. He is also a recent black belt in Tae Kwon Do. He shared four things that the martial arts have taught him that have proved invaluable in life. We were blessed and honored to have him at our clinic this year.

The banquet audience was treated to an excellent demonstration of skills by our visiting black belts. It was a great weekend and a tremendous experience for the students. Now the clubs gets back to the weekly routine - of reaching out and of equipping the students. This past year, the Lewistown club has been blessed to be able to lead 21 of its new students to place their faith and trust in the Lord Jesus Christ. Several have also followed the Lord in believer's baptism.

After our church's Sunday evening service, Dr. Haralson took the seven instructors who were still in the area for a ride out in the

Montana countryside. During the ride they enjoyed the sights, including several pheasants, muskrats, and well over 100 deer. On Friday afternoon they attempted to ride up to Judith Peak but had to turn around half way up the road due to snow over two feet deep. It was fun watching the Florida visitors in the Montana weather.

### **GMAU Chairman's Award Presented**

At the closing ceremonies of the 1<sup>st</sup> Annual Rocky Mountain Regional Clinic, Dr. Kent Haralson presented the Chairman's Award to Master Instructor Stephen Jones of St. Johnsbury, Vermont. The text on the plaque read, *"For faithful service to our Lord Jesus Christ through the ministry of the martial arts. For overcoming personal hardships and persevering with a cheerful spirit and gentle heart. "...we are more than conquerors through him that loved us." In all things, he has demonstrated the spirit of Bushido and of Christ."*

In further comments, Dr. Haralson shared with the audience that Professor Jones has persevered through personal and medical hardships that would have caused most people to abandon Christianity. Through it all, he has maintained a sweet disposition and a stellar testimony.

Mr. Jones has run a Christian Dojo as a ministry of his local church for seven years. This July, he will be hosting the 5<sup>th</sup> Annual Northeastern Regional GMAU Clinic. He is also the Northeastern GMAU Regional Representative.

This is only the second time in the GMAU History that this plaque has been awarded. The GMAU extends congratulations to Stephen Jones



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## **Black Belts Vy for Olympic Spot**

The GMAU would like to congratulate members Michael and Natalie Ducett of Marion, Iowa. This brother and sister team have been chosen to participate in Gold Team 2000, a program that provides Olympic hopefuls with additional training in Tae Kwon Do. Tae Kwon will become a recognized Olympic sport in the year 2000. Natalie and Michael are hoping to compete in 2004 or 2008.

This is a tremendous opportunity to have a Christian witness at an international sporting event that draws millions. Please keep them in your prayers as they train and prepare.

## **Membership & Journal Renewal**

Membership in the GMAU is on an annual basis. Current membership dues are \$15 for a first-time member and \$10 for a renewing member, respectively. In order to be a member of the GMAU you must have at least a brown belt rank in your style and have filled out a GMAU membership request form. Membership includes 10% clinic discounts to select GMAU sponsored clinics and events, an embroidered GMAU

patch, and a membership certificate suitable for framing. In addition, members receive 10% off their total cost when they order publications (members and everyone else who orders publications still pay shipping and handling costs, however). Extra certificates and patches are \$5 each.

For *new membership*, please request a membership form and send in to the GMAU along with your check for \$15. If you are renewing, you may simply send in a check for \$10, and do not need to fill out another form.

*If you are not yet eligible for membership*, you can still subscribe to the GMAU Journal for a fee of \$12. This includes 4 issues of the quarterly journal. If you're not sure if you were a member or are unsure of when your membership or subscription expires, simply drop us a line at robynh@gmau.org. Reminders are mailed before each membership or subscription anniversary date.

If you are an instructor, and are interested in a bulk supply of journals for students or potential members, they are available at \$.75 apiece. Please snail mail the GMAU Headquarters with the number of journals you'd like and a check for the amount.



### ***Martial Arts Video***

The GMAU has available a video of the physical techniques of the Seigi Bushido Ryu, the system designed by Dr. Haralson, chairman of the GMAU and founder of the Seigi Bushido Ryu. The tape details each of the 26

forms in the system, demonstrates the 39 nerve centers used, shows all lock and restraint techniques, and every release technique. This tape will give a student something solid to work with as they grow in the martial arts. *It will also help those students who do not have a dojo readily available.*

The 35-minute video is available at a cost of \$25 plus \$5 shipping and handling, for a total of \$30 - if ordering this in addition to other GMAU materials, do not add an additional 10% shipping and handling onto this particular item.

**Gospel Martial Arts Union  
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Basic Principles of Youth Work (14 pgs)	\$3.00
The Character of the Black Belt (16 pg booklet)	\$3.00
Yin/Yang for the Christian Martial Artist (14 pg booklet)	\$3.00
Christians and the Martial Arts (16 pg booklet)	\$3.00
The Warrior's Code: Traditional Martial Art Etiquette (16 pg booklet)***NEW PUBLICATION***	\$3.00
Dojo Etiquette and Code of Behavior (6th Edition, 8 pgs) *** NEW EDITION ***	\$2.00
The Fright Syndrome (13 pg booklet)	\$3.00
Gideon the Black Belt (13 pg booklet)	\$3.00
GMAU Generalized Ranking Requirements (21 pg booklet)	\$3.00
Implementing a Martial Arts Ministry (47 pgs)	\$6.00
Ki/Chi Power and the Christian (38 pg booklet)	\$4.00
Legal Aspects of the Martial Arts (7 pgs)	\$3.00
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The Martial Arts -- A Christian Perspective, Philosophy and Program (110 pg softcover book)	\$12.00
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Mindleading: Its Definition and Biblical Illustrations (2 research papers, 18 pgs)	\$3.00
Ryus of the World - A Compendium of 365 Martial Arts Styles	\$3.00
A Scientific Basis for the Martial Arts (4 research papers, 67 pgs)	\$5.00
A Short History of the Martial Arts (11 pg booklet)	\$3.00
Seigi Bushido Ryu (System description and ranking requirements-31 pgs)	\$3.00
Seigi Bushido Ryu Video Tape (\$30 price <b>INCLUDES</b> Shipping in the US--see * below)	\$30.00
The Sensei -- His Nature and Role (38 pg booklet)	\$4.00
The Tainting of the Black Belt (15 pg booklet)	\$3.00
One Year Subscription to GMAU Journal (FREE to GMAU Members)	\$12.00
Ryu Recognition Packet (Brochure and Application)	\$5.00

When ordering, please add 10% of the total price to cover shipping & handling. If ordering from outside the US with non-US funds, please add \$5.00 Paid, current MEMBERS get a 10% discount on each publication, but still must pay shipping and handling fees (add 10% to total cost).  
 \*Do not add 10% on for the video. The \$30 price includes shipping and handling. All other publications, add 10%.